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Aug 2026 Issue 144



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Castle Bromwich Podiatry clinic celebrates 25 years

Walsh Podiatry, the long-established podiatry practice at 329 Chester Road, Castle Bromwich, marked its 25th anniversary on Friday afternoon with a celebration held at Castle Bromwich Hall Hotel.

The clinic, founded by Principal Podiatrist Dean Walsh in 2001, was joined by around fifty guests, including patients, family, friends and staff, for an afternoon of speeches, food and toasts. The Mayor of Solihull, Councillor Sardul Singh Marwa MBE JP, and the Mayoress, Satnam Kaur Marwa JP, attended as guests of honour, with the Mayor delivering a few words in tribute to the clinic.

Walsh Podiatry began as a small upstairs room at 329a Chester Road in 2001. The clinic moved downstairs in 2009, converting a former estate agents into a two-surgery practice, before adding a third surgery and office in 2020 and a fourth surgery

in 2024, returning to the original upstairs space and completing what Dean described in his speech as “a proper full-circle moment.”

The clinic today employs five podiatrists and a support team of five, offering routine podiatry, nail surgery, MSK and orthotic care, gait analysis, shockwave therapy and laser treatment from its Castle Bromwich site.

Dean Walsh said: “Twenty-five years on, we’re still here, still trying to do exactly what we set out to do. It’s simply a real privilege to help someone walk out of the room more comfortable than they walked in, and it still gives me, and the whole team, as much satisfaction now as it ever did. Thank you to every patient who’s trusted us over the years.”

Speeches were also given by the clinic’s Practice Manager, Jenny Walsh. The afternoon closed with the cutting of a celebration cake and a group photo on the grounds of Castle Bromwich Hall Hotel.



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Half a Century of Caring: Celebrating “Auntie”



A much-loved member of the Water Orton community is celebrating an incredible milestone after dedicating 50 years to caring for generations of local children.

For generations of families throughout Water Orton and the surrounding areas, she has simply been known as “Auntie”. In June 1976, Pauline Garbett began her childminding business from her home, never imagining that, 50 years later, her home would become a second home for hundreds upon hundreds of children. Over the past five decades, she has become “Auntie” not just in name, but in the hearts of countless of local families.

In the early years, Auntie’s dedication often went far beyond the working day. She provided overnight care for families when it was needed and even took many of the children away on holiday with her own family, creating treasured memories and giving them experiences they would never forget.

Remarkably, Auntie has never needed to advertise. Her reputation has been built entirely through word of mouth, with one happy family recommending her to another. Many of the children she once cared for have since returned with children of their own, placing their trust in the same person who looked after them years before.

Today, Auntie’s childminding business is supported by a close-knit team of seven staff. Alongside her daughter and two granddaughters are four dedicated members of staff who have each become an important part of Auntie’s story. One has worked alongside her for more than 30 years, another first joined as an apprentice before qualifying and becoming a valued member of the team, while the remaining two have been trusted family friends whose kindness, commitment and love of children have helped make Auntie’s the special place it is today. Together, they continue the loving, nurturing environment that has made Auntie’s a true “home from home” for generations of children.

To mark this remarkable milestone, Auntie will be celebrating with an Open Afternoon in September alongside family, friends and many of the people who have been part of her incredible journey over the past five decades.

For half a century, children have walked through Auntie’s front door. Today, many return with children of their own, but no matter how old they become, to Auntie they will always be “her babies.”

Castle Bromwich u3a

Castle Bromwich u3a sets up their stall at Party in the Park.

Despite the heat members of the Castle Bromwich u3a turned out to man their stall and encourage people to join their group.thrive.



General Meeting

And a good time was had by all as we learned to laugh and giggle our cares away! You never know what you will learn but the main thing is to socialise and find out different things.

Join us on the last Wednesday of the month at Arden Hall at 1.30pm. £3 for visitors including tea or coffee and biscuits.



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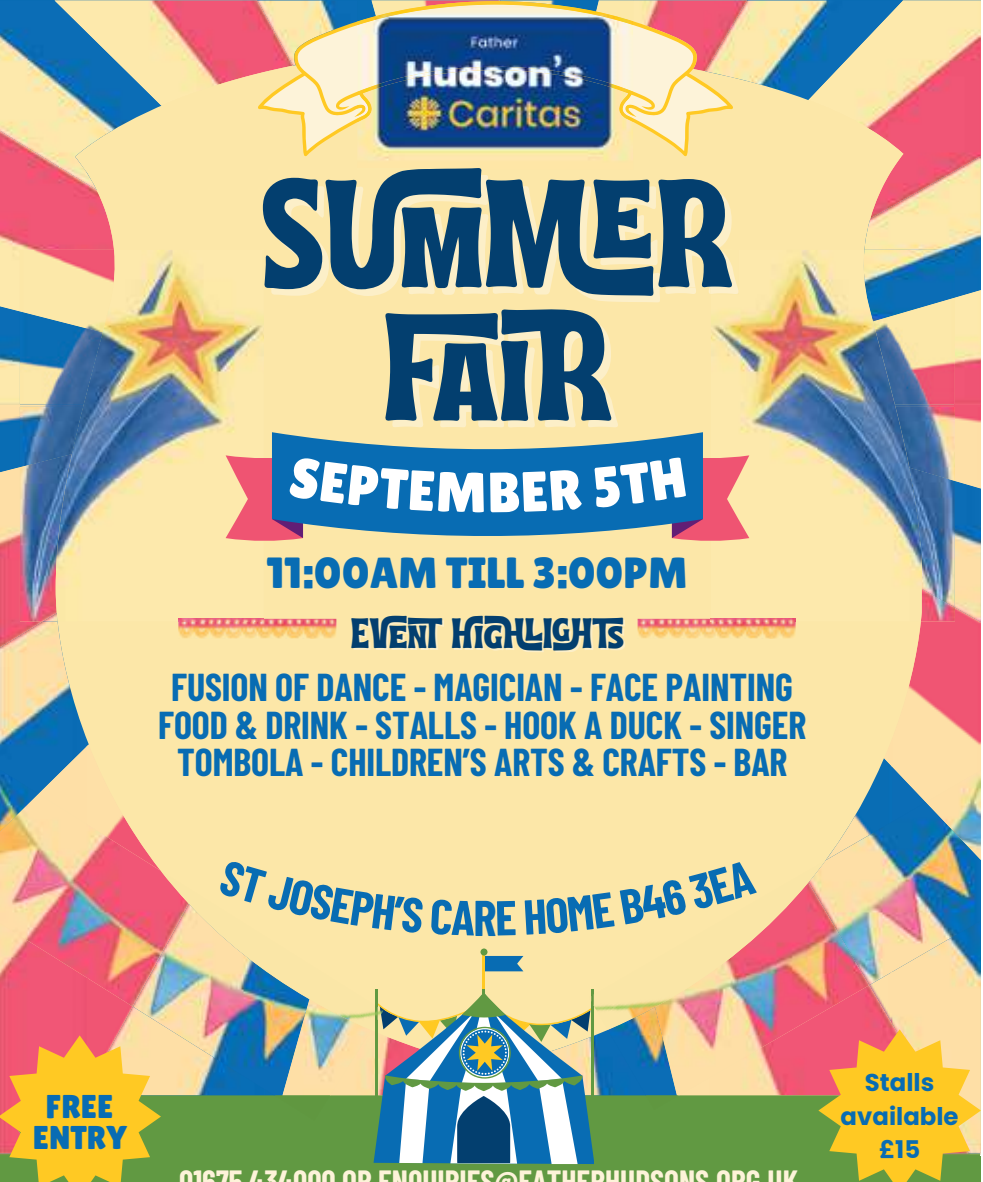
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Protect your Home

Is your home your most valuable asset? Have you worked hard your whole life to pay for and maintain it?

For most people, the answer to both of those questions will be a resounding yes. So with that said, why have so many people still not safeguarded their home the RIGHT way?

Imagine this...

You've made a Will, stating that, in the event of your death, you intend for your spouse to inherit everything, including your share of the family home. But what if your spouse needs care in later life? Your spouse may be expected to pay for their care themselves... but care fees are getting more and more expensive every year, costing anywhere between £26,000 and £52,000. How can they afford to pay for their care fees and leave some money as inheritance for your children?

This is an upsetting scenario... and unfortunately, it could happen to any of us without the right protection.

The sad truth is that around 200,000 family homes are sold every year to pay for care fees. Estates are drastically reduced- sometimes to nothing at all- to pay for care, leaving beneficiaries with little to no inheritance. The lower limit for care fee means testing is currently set at £14,250. However, your loved ones' inheritance could be even less than this simply because the home and other assets were not protected in the right way.

Don't leave your home open to any risks.

All of this can be avoided- with careful planning and professional advice, you can protect your home and savings so that your children can benefit as much as possible. Putting yourself in control means you'll prevent government authorities and other parties getting their hands on your assets.



For Couples

If you jointly own your home, we can protect your property with one of our powerful Protection Wills. These wills provide your partner/spouse with a right to continue to occupy the property and buy a replacement property if necessary. The capital share you have in the property will also be protected. The property is also safeguarded from local authority means testing.

The ideal scenario is that half the property is protected from loss, and the other half is disregarded by local authorities. What this means for inheritance is that at least half of the property's shares will be passed down to your children.

This plan of action is applicable even if you have a mortgage!

Future stress and heartache for your family and beneficiaries can be avoided, but you must act sooner rather than later. If you fall ill and require permanent care, or if you unfortunately lose mental capacity for any reason, it will be too late to protect your home and assets.

Act now!

Sadly, many people put off planning for the future until its too late, leaving children and loved ones devastated to realise that the situation could have been easily avoided. The sooner planning is put into effect, the more effectively we can help you ensure that your assets go to those you love ... not those you don't!

Do you have Savings?

While the family home is usually the most valuable asset, we can also help you to protect your savings. Speak to us today to find out the best way to protect your assets.

Protect your Home and your Savings from unnecessary, avoidable losses. Accord can help ensure your loved ones benefit as much as possible from your estate.

Act today and protect those you love
If you want to be certain that your assets will pass down your loved ones or children you'll need more than a basic Will.

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Coleshill Town Council Garden of Remembrance

Coleshill Town Council conducts yearly audits of the Garden of Remembrance. The lease on the following plaques has expired or will expire in 2026. Any plaque with an expired lease will be removed and replaced in due course.

If you wish to extend the lease of your plaque on the Garden of Remembrance, or you wish to check the expiry date of your plaque, please contact Coleshill Town Council.

Plaque Number	Plaque Name
BA10	Irene Woods
BA11	Constance Screen
BB1	William George Wagg (Bill)
BB14	Audrey Eileen Ling
BB15	Jacqueline Barr
BB19	Jean Bayliss
BC1	George Teale
BC2	Giacomo Bragagnolo
BC3	William Tipper
BC5	Allan Thomas Holt & Dorothy Holt
BC14	Stanley Francis Ling
CB1	George Frederick Lindsey

Plaque Number	Plaque Name
CB2	Nora May Cranmer
CB5	Gordon Humphreys Jones
CB13	Walter John Poole (Jack)
CB23	Walter Henry Clarke
CC1	Norman William Guise
CC4	Dorothy Mary Harris
CC10	Bryan Abbott
CC17	Marjorie Hackett
CC23	Kenneth Gardener
DB4	Sam Clarke
DB8	Keith Fowler
DB15	Jessie Mary Baker
DB14	Pamela McHardy
DB19	George Gilbert Watkins
DB20	Frances & Ernest Cooke
DB21	Brian Edgar Clarke
DB22	Nora Bilson
DB23	Margaret Hilda Westwood
DC1	Steven Alan West
DC4	Margaret Cotter
DC7	Winifred Alice Hill
DC16	Roy Oakley
DD4	Thomas Cotter

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How to cure your painful Ingrowing toenail at Walsh Podiatry

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Short term:

This is suitable if your ingrowing toenail isn't too severe. During a routine treatment we will trim back and remove the offending nail spike. However, this is a short-term treatment option as when your nail regrows you will need regular repeat treatment to keep this maintained and keep you pain free.

Long term:

If your ingrowing toenail is very severe, painful, inflamed, are constantly having issues or simply you want the issue resolved completely then nail surgery would be the option for you. This is a completely safe procedure where we remove the edge/edges of the nail under local anaesthetic. We then apply a solution called Phenol which kills any nail cells in this area. This is what makes the procedure long term as it means that once your toe has healed the edge remains straight and your ingrowing toenail doesn't return! The toe usually takes between 4-6 weeks to heal. We do also offer laser packages which can aid in speeding up that healing time.

If you are suffering with an ingrowing toenail and or would like to know if you are suitable for nail surgery, please contact our clinic at 0121 749 6313.

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North Warwickshire
Borough Council

Press Release

Local School children's Designs Brought to Life on New Food Waste Collection Vehicles

North Warwickshire Borough Council has introduced five new food waste collection vehicles, each featuring an Eco Superhero character specially designed by local children to help promote food waste recycling across the borough.

The designs were chosen as part of a competition that attracted an impressive 339 entries from local school pupils. After careful consideration, the winning entries were selected by a panel of North Warwickshire Borough Councillors, who were tasked with choosing the five designs that would feature on the Council's new food waste collection vehicles.

The five winning characters Eco-Pickle Power, Brock Lee, Eco-Eats, Super Pineapple and Avenger Avocado have now been transformed into colourful artwork displayed on the sides of the new food waste collection vehicles which are now operating throughout North Warwickshire.

The initiative was created to engage young people in environmental issues, celebrate their creativity and encourage residents to make the most of the food waste recycling service. The introduction of the dedicated food waste service forms part of the Government's Simpler Recycling initiative, which aims to make recycling easier and more consistent for residents across England.

To mark the launch, the vehicles visited the schools attended by the winning designers. The visits gave pupils and teachers the chance to see the new trucks up close and celebrate the children's achievements. The young designers were delighted to see their characters displayed on the vehicles, while classmates enjoyed learning more about recycling and the importance of reducing food waste. Councillor Margaret Bell, Chair of the Community and Environment Board said:

"We were delighted with the response to the competition, which attracted 339 entries from talented young people across the borough. Choosing just five winners was no easy task, and councillors were incredibly impressed by the creativity and effort shown in every entry. The winning characters look fantastic on our new food waste collection vehicles and have created a fun and engaging way to promote recycling. It has been wonderful to see

the excitement from the children as they watched their designs brought to life."

The project forms part of the Council's ongoing commitment to increasing recycling rates, reducing waste and encouraging sustainable behaviours across the borough.



Super Pineapple designed by Martha and Avenger Avocado designed by Florance from Michael Drayton Junior School with Councillor Margaret Bell



Eco-Eats designed by Dexter from Kingsbury Primary School



Eco-Pickle Power designed by Eric from Racemeadow Primary School



Brock Lee designed by Lily from Warton Primary School

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North Warwickshire
Borough Council

North Warwickshire Borough Council wins HS2 Judicial Review Appeal

North Warwickshire Borough Council has secured an important victory in the Court of Appeal in a long running dispute regarding works in Water Orton.

After the designs had been scrutinised in Parliament, HS2 Limited decided on a major change to the Bromford Tunnel. Originally this was due to be built in Birmingham but HS2 Limited decided to extend that into North Warwickshire bringing considerable more construction and disruption to Water Orton.

Despite initially agreeing that the extension needed a separate planning application and environmental assessment HS2 Limited changed their minds and appealed to a Planning Inspector.

The Inspector agreed with North Warwickshire Borough Council but the Government departments overruled the Inspector.

The Borough Council challenged that decision in the High Court but lost, however an appeal was made to the Court of Appeal who this week ruled in favour of the Council

that an assessment of the environmental impacts should have been done.

Given the work is now almost completed, the Court of Appeal felt it could only issue a declaration that the Borough Council had been correct.

Reacting to the news, Councillor David Wright, Leader of the Council said:

"I warmly welcome this decision as it justifies this Council and our local community's concern that HS2 Limited were causing significant impacts in our area and making no attempt to even assess the damage being caused, never mind trying to mitigation it. It is evidence that a small Council can and should champion the proper protection of communities by ensuring that major infrastructure promoters act properly within their powers and shows they are not above the law.

I am particularly pleased that the Court of Appeal decided to consider the impacts from the perspective of Water Orton residents rather than a national or regional perspective and shows the value that local Councils can

make in arguing the case for their communities" Councillor David Reilly, Councillor for Water Orton added:

"This is a very important victory for the Council and a tribute to our planning officers who raised the alarm with regard to how HS2 Limited were treating the massive impact and disruption being caused in Water Orton. I'm grateful to senior management and Councillors for supporting those officers even when HS2 Limited and Government officials sought to put pressure on them to change their view. This Council does not go to Court lightly but will fight to protect local communities."

The Government and HS2 Limited are currently contemplating an appeal to the Supreme Court. Subject to that decision, the Council will now seek to work with HS2 and the Department for Transport to consider how the effects of the scheme change, on the lives of residents and businesses operating in the Water Orton area, can be effectively addressed and mitigated.

The full Judgment can be found here:
www.bailii.org/ew/cases/EWCA/Civ/2026/832.html



Castle Bromwich
Hall Gardens

Those long August days...

What's happening in the Gardens?

Our brilliant team of gardeners is still anticipating a hot month, so much of their energy will be directed towards watering the beds. There will also be a hope that the weather doesn't impact too much the yields in the orchards. We know that 2025 was a Mast Year - where fruit trees produce an excessive amount - so it's possible that 2026 was always destined to be slightly fallow. However, the results of climate change have meant that this is all the more difficult to predict and has led to unseasonably wet winters and these now unbearable summers. In order to protect themselves, the trees may very well drop their fruits early to reserve water, but only time will tell.

Medieval Summer Holidays - Kids Go free!



Right through the summer holidays, we have plenty to occupy the little ones. We are excited to continue our 'Medieval Summer', complete with Knights School, the Green Man, Falconry, outdoor theatre and much much more! And yes, kids do go free! (under 16s).

Whether it's dressing up as a lord or lady in our Music Room, launching mock-jousts with pool noodles and hobby horses down the Archery Lawn, or engaging with our Knights and Dragon trail throughout the Lower Wilderness, there is something for all of you this summer. See our website or pop in to collect a flyer for further details.

And even if you're a little too old for pool noodles and castle building (do you ever grow out of that really?) we have some adult-themed Medieval events too. Join Dr. Mike Hodder on 12th August for a walking tour around the heritage site, engaging with the Medieval aspects of Castle Bromwich which are still most prominent. Learn about old 'pimple hill', and dive into the fascinating history of where you live.



There are some key dates to remember across August. The 8th and 9th have got Classroom Adventures bringing three interactive history sessions across both days, including knights' school and castle sieges! Medieval musicians Merrie Noyse will also be joining across those two days, bringing the sounds of the court and tavern into these eighteenth-century gardens. Then at the end of the month on 28th August, we will have the Green Man wandering the site, story-telling, as well as Tora's Falconry arena displays in the morning and afternoon. It'll be a day to dress up and take lots of photos!

Car Boot

And it's back once more! Following the success of April's event, we are once more hosting our famous car boot. We know it will take time to grow to what it once was, but we hope you will bear with us as this happens.

After a mere six-year hiatus, the Castle Bromwich Historic Gardens car boot is back! We will be hosting a day of car booters and visitors in our Paddock on Sunday 30th August from 09:30 until 12:30ish. Pitches MUST be booked in advance via the website, and buyers can arrive from 09:30. No bookings on the day.

It is a chance to indulge in one of those great British traditions. The Gardens will be open and normal entry fees apply - but our Courtyard Cafe is free to enter and will be serving hot bacon batches and drinks from opening.

We are really looking forward to welcoming back this well-loved and (we hope) well-remembered fixture of our calendar. What will you discover amongst the trinkets and trifles?

Looking Ahead

September should prove to be quite an active month, with the Tid Mona Coven and Birmingham Heritage Week events taking centre stage, as well as a new and exciting Harvest Festival scheduled on the 27th - further particulars to follow!

Volunteers

As always, we are powered by volunteers. This Summer, we know we will be working extra hard to deliver the programme we have planned. We need capable and committed people who can help us in our Front of House team. If you're a good communicator and enjoy working with the public and as part of a team, then get in touch with us by visiting the website.



SHARE A STORY

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Warwickshire OPCC wins national award for custody visiting



The Office of the Police and Crime Commissioner for Warwickshire (OPCC) has been recognised nationally for the high quality of its independent custody visiting scheme.

Under this scheme, trained volunteers from the local community (Independent Custody Visitors or ICVs), make regular unannounced visits to the two police custody suites in Warwickshire, located in Leamington and Nuneaton. These take place at random times and help ensure detainees' rights and welfare are being properly safeguarded. Visits are always conducted in pairs and visitors are accompanied by custody staff for safety.

During a visit, ICVs speak with detainees about their experience in custody, checking whether:

- their rights and entitlements have been explained and provided
- their welfare needs, such as food, hygiene and medical care, are being addressed
- the conditions of the custody environment are appropriate

ICVs maintain strict confidentiality at all times. After each visit, volunteers are expected to complete a report summarising their findings. These reports are reviewed by the OPCC and are used to hold Warwickshire Police to account, ensuring that any concerns or necessary actions are followed up promptly.

The Independent Custody Visiting Association (ICVA) - the national membership organisation that supports, leads and represents these schemes - has developed a quality assurance framework to assess how well schemes comply with the code of practice that governs custody visiting [see note].

This is the third year that schemes have been assessed under the framework, and have been able to gain quality assurance awards to recognise the value of their work. Warwickshire's scheme was presented with a silver quality assurance award by ICVA on July 8th, at a ceremony in London.

Welcoming the award, Philip Seccombe, Police and Crime Commissioner for Warwickshire, said: "Independent Custody Visitors play a vital role in providing independent oversight of our custody suites and helping to ensure that people detained by the police are treated with dignity, respect and fairness.

"This silver award is a welcome recognition of the hard work and commitment shown by our volunteers and the OPCC team in delivering a scheme that meets high national standards. I would like to thank all of our Independent Custody Visitors for the time they give to this important role. Their visits provide valuable reassurance to the public and help me fulfil my responsibility to hold Warwickshire Police to account for the welfare and treatment of people in custody. We are proud that Warwickshire's scheme has been recognised in this way and remain committed to building on this achievement in the years ahead."

Dame Anne Owers, Chair of ICVA, said: "Once again, these awards show the value and importance of independent custody visiting, with even more schemes being awarded the top 'platinum' grading. This also reflects the crucial work that ICVA does, in providing support and training for volunteers and schemes across the country."

Sherry Ralph, Chief Executive at ICVA said: "The Quality Assurance Framework represents a significant and growing commitment from schemes to ensure that independent custody visiting is regularly reviewed, improvements are made where needed, and excellent practice is shared.

"This year, we have also strengthened our approach by introducing a greater focus on volunteer voices, ensuring that the experiences and perspectives of Independent Custody Visitors are embedded within schemes and reflected in assessments, particularly at the higher levels of the framework. I congratulate schemes on their accomplishments and thank them for their continued dedication and commitment."

Anyone interested in finding out more about becoming an Independent Custody Visitor, or our other volunteering opportunities, can visit our volunteers page.

Party in the park



PCSO's from Atherstone Safer Neighbourhood team have been out and about at Baxterley's Party in the Park.

The sun was shining, the bouncy castles were ready, and everyone was enjoying the food and sunshine. It was great to see so many stall holders there, with some great products on offer.

Whilst there we have managed to share information around the next Violence against Women and girls walk that is taking place in the village on Sunday 9th August at 3pm. We will be meeting at The Rose Pub.

A massive thanks for the invite, lots of engagement and fun has been had by all.





Pet Page

Happy Hounds and Humans!



'Insight Hounds', a great local sighthound training company, has marked its fourth anniversary. It was and is the inspiration of Clare Ware who has a particular passion for ex-racing greyhounds.

Clare learned a great deal from her first greyhound, Oscar, and found, with many owners of the breed, that they are life – changing companions: They are affectionate, gentle, highly trainable and great sleepers. In addition to introductory and training sessions at Shustoke Village Hall on Friday evenings and Saturday mornings, Claire has an 'Insight Hounds' website packed full of information and enthusiastic contributions from hound

owners – one big supportive hound family. Class groups are made up of greyhounds varying in age, size and personality, whippets, lurchers, saluki, deerhounds and Galgo Espanol: If they are sight hounds, they belong. On the second Sunday of the month, Claire heads a social walk at Castle Bromwich Hall Gardens; a great opportunity to meet the dogs and talk to owners. Earlier in year, she was presented with a Small Business Award Winner's certificate by Theo Paphitos of Dragon's Den; so well deserved.

Keep up the good work, Claire. You are helping to save beautiful dogs and bringing real joy to their fortunate owners.



Congratulation flowers and smiles



Oscar- the inspiration



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Birmingham Dogs Home - Forever homes



Waterlily

Breed: Malinois Gender: Female (N)

Meet Waterlily! Waterlily is a striking Shepherd Cross with incredible drive intelligence and energy. She is very much a working breed girl and must go to a home with experience of working Shepherd/Malinois breeds. She is not suitable for first time owners and will need confident knowledgeable handlers who understand the needs of high drive dogs.

Waterlily is extremely energetic and can be strong on the lead. She must remain on lead at all times when out and about as she currently has no reliable recall and uses a longline in enclosed paddocks. She is fully muzzle trained and must wear her muzzle in public.

Waterlily has many wonderful qualities. While out on foster we have been told she is house-trained travels well in the car and has been out to town centres and markets. She knows a range of commands including some cues even given in German! She absolutely loves tennis balls and toys which are fantastic tools for engagement and continued training.

When calm Waterlily softens beautifully into fuss and engages well with her handlers. She thrives when given structure purpose and clear boundaries.

Waterlily is looking for an adult only dog free home with experienced working breed owners who can continue her training provide appropriate outlets for her drive and manage her safely and responsibly. In the right hands she has the potential to be an incredibly loyal capable and rewarding companion.

If you are interested in adopting, please contact the centre on 0121 643 5211 to enquire.

www.birminghamdogshome.org.uk



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Health & Wellness



Living Well Doesn't Have to Cost the Earth

Small Changes That Can Make a Big Difference to Your Health

When we think about getting healthier, it's easy to imagine expensive gym memberships, strict diets or dramatic lifestyle changes. Social media is full of people promoting the latest miracle supplement or fitness trend, making it seem as though good health is only available to those with plenty of time and money.

The truth is rather different.

Many of the habits that have the biggest impact on our physical and mental wellbeing are completely free. Whether you're retired, raising a young family, working full-time or somewhere in between, improving your health often starts with small, consistent choices rather than major life changes.

For those of us living in Coleshill and the surrounding villages, we're fortunate to have something many people in larger towns envy – easy access to green spaces, quieter streets, local parks and a strong sense of community. These everyday advantages can play a surprisingly important role in helping us stay healthy.

Walking: The Wonder Exercise

If there was a pill that reduced the risk of heart disease, diabetes, strokes, depression and several types of cancer, it would be hailed as one of the greatest medical breakthroughs of our time.

Remarkably, something that provides many of those benefits already exists.

It's called walking.

A brisk 30-minute walk most days of the week can lower blood pressure, improve cholesterol levels, strengthen bones and muscles, help maintain a healthy weight and improve sleep. It also boosts mood by releasing endorphins – the body's natural "feel good" chemicals.

The good news is that you don't need to complete the full 30 minutes all at once. Three 10-minute walks spread throughout the day offer many of the same benefits.

Why not leave the car at home for short journeys? Walk to collect the newspaper, visit a local café, or simply explore a different route around your neighbourhood. Every step counts.

Don't Underestimate Sleep

Sleep is often sacrificed when life becomes busy, yet it is one of the most important building blocks of good health.

Adults generally need between seven and nine hours of quality sleep each night. During sleep, the body repairs tissues, strengthens the immune system and processes memories.

If you're struggling to sleep, try establishing a regular bedtime, avoiding caffeine late in the day and putting mobile phones and tablets away at least an hour before bed. Even reading a few pages of a book or listening to calming music can help signal to your brain that it's time to unwind.

Eating Well Doesn't Mean Eating Perfectly

Healthy eating isn't about never having a biscuit or refusing the occasional takeaway. It's about getting the balance right over weeks and months rather than worrying about individual meals.

A simple way to improve your diet is to make small substitutions.

Swap white bread for wholemeal.

Choose water instead of sugary drinks a few times each week.

Add an extra portion of vegetables to your evening meal.

Snack on fruit, yoghurt or a handful of unsalted nuts instead of crisps whenever possible.

These aren't dramatic changes, but over the course of a year they can have a significant effect on weight, energy levels and heart health.

Your Mental Health Matters Too

Physical health and mental health go hand in hand.

Most of us experience periods of stress, worry or low mood. Financial pressures, family responsibilities and world events can all take their toll.

One of the best things you can do is talk to someone.

Whether it's a family member, neighbour, friend or colleague, sharing how you're feeling often makes problems feel more manageable. Human beings are social creatures, and staying connected is one of the strongest predictors of long-term wellbeing.

It's also important to give yourself permission to slow down occasionally. You don't have to be productive every minute of every day.

Spend More Time Outdoors

Research continues to show that spending time in nature benefits both mind and body.

Fresh air, natural light and green surroundings help reduce stress hormones, improve concentration and lift mood.

Fortunately, living in and around Coleshill means beautiful countryside is never far away. Even twenty minutes spent outdoors can leave you feeling calmer and more refreshed.

Take a walk after dinner. Sit in the garden with a cup of

tea. Visit a local park with the grandchildren. These simple moments all contribute to better wellbeing.

Keep Your Brain Active

Looking after your health isn't only about exercise.

Learning new skills helps keep the brain healthy as we age. Reading books, completing crossword puzzles, learning a language, trying a new recipe or even taking up gardening all challenge the brain in positive ways.

Many local community groups also offer opportunities to learn something new while meeting other people at the same time.

Prevention Really Is Better Than Cure

Many serious illnesses develop gradually over a number of years without obvious symptoms.

That's why routine NHS health checks, blood pressure monitoring, eye tests and dental appointments are so important.

If you're invited for a screening appointment, don't put it off. Detecting problems early often means treatment is simpler and more effective.

Similarly, if something doesn't feel quite right, don't ignore it. Your GP would much rather see you early than after a problem has become more serious.

A Community That Supports Good Health

One of the greatest strengths of Coleshill isn't just its history or beautiful surroundings – it's the people.

Friendly neighbours, local clubs, volunteer groups, sports clubs and community events all help reduce loneliness and encourage healthier lifestyles. Whether it's joining a walking group, helping at a community event or simply stopping for a chat with someone you meet on the High Street, those connections matter.

Health isn't measured by perfection. It's built through hundreds of small decisions made every week.

- Walk a little further.
- Drink another glass of water.
- Go to bed a little earlier.
- Eat one more portion of vegetables.
- Phone that friend you've been meaning to call.

Individually these actions may seem insignificant, but together they can add years to your life – and life to your years.

Sometimes, the healthiest changes are also the simplest.



Sumner Road, Coleshill
Opening Hours. Mon to Fri 10:00 to
13:00 - Tel. 01675 462517
www.coleshillhub.org.uk
coleshillcommunityhub@gmail.com



**Next Town Council
Meeting –
16th Sept 7pm
at Coleshill Town Hall**

**FREE Local Services for Local
People**

**FREE WIFI and use of
laptops & tablets**

**All welcome, come and visit
us for a chat and see how
the Hub could help you.**

INFORMATION

**Help and support for any
enquiries or issues such as:-
Blue Badges, Driving Licence,
Passport Applications, Online
Benefit Forms (including Pension
Credit Checks) and much more**

**Signposting to many groups, partner services and agencies –
see some examples in boxes below:-**

GROUPS

**Parkinson's Cafe
Memory Cafes
(Coleshill/
Water Orton)
Young at Heart
Stitch Club**

GROUPS

**Walking Tours
Keep Fit & Natter
Walking Sports
Art & Crafts
U3A
Parents & Toddlers**

SIGNPOSTING

**Carers Trust
CAB (Citizens
Advice Bureau)
MIND
Vision Support
Wellbeing**

WARM HUB

**Town Hall Tue to Thu 10 to 1 and Community Centre (Tue only).
Come in for a chat and activities if you wish. Free refreshments.**

Police News



Warwickshire
POLICE

Meet Your New Coleshill PCSO



I'm PCSO Bradley and I am joining Coleshill SNT, I have previously worked at concrete manufacturing plant for the last 13 years supervising loading of vehicles and before that spent 4 years as forklift truck driver in a warehouse. Policing has always been something that has interested me and last October I finally took the plunge to apply I feel joining as a PCSO will be a good way to start what I hope will be a great new career. I am looking forward to getting out on my beat areas, meeting everyone and becoming a friendly face, you will come to see on a regular basis.

Operations



Operation Corton

We are carrying out an operation to tackle the illegal use and sale of nitrous oxide.

Inhaling nitrous oxide carries a range of health risks and is against the law. It is also a significant contributor to antisocial behaviour, and we are increasingly seeing cases of people driving while under its influence – in some instances with fatal consequences.

If you have information about where nitrous oxide is being used (discarded

canisters are often a clear sign) or where it is being sold illegally, please report it.

Your reports help us plan targeted patrols and focus our efforts where they are most needed.



DOB EM IN

As many may have experienced within the local community, the rise in Anti-social behaviour involving a large number of motorbikes.

Most of these bikes are driven illegally without insurance and pose a danger to the community. Therefore, we need to encourage the community to inform of us of these concerns with as much information as possible so we can get these bikes off the streets and crushed.

We can also issue the driver a Section 59 which grants us the powers to seize and remove vehicles that are being used to cause alarm, distress, or annoyance, careless or inconsiderate manner and off-road driving, this will last for 12 months. A section 59 also applies to both the driver and the vehicle so even if someone else drives the same vehicle in an anti-social manner, we can still enforce it.

To report an incident regarding a ASB Bike or vehicle, please call 101 or you can make an online report via our Warwickshire Police website. You can also go on the DOB EM IN website, which is www.warwickshire.gov.uk/dobemin.



Operation Rosepool – Tackling Off-Road Bike ASB

Stolen Motorcycles – Recovered in Atherstone

Officers from Atherstone Safer Neighbourhood Team (SNT) and the Warwickshire Rural Crime Team have successfully recovered two stolen motorcycles in Atherstone this afternoon.

At 12:53hrs on 01/04/2026, we received a report of a motorcycle theft from an address overnight in Hurley. Thanks to swift action by officers and valuable information provided by the victim, not one, but two stolen motorcycles were located and recovered in under ninety minutes!

Both owners have now been notified, and enquiries into the circumstances surrounding the thefts are ongoing.



Bobbies on the Beat

02/07/2026 Coleshill Safer Neighbourhood Team attended the Arley Parish Council Meeting in New Arley this evening.

Officers had the opportunity to meet with residents and listen to a range of concerns affecting the community. Topics raised included reports of off-road bikes causing anti-social behaviour and speeding vehicles which are impacting residents' quality of life.

The team values the feedback provided and will be looking into the matters raised during the meeting. Working alongside our partners and the community, we will continue to identify opportunities to address these concerns and improve safety across the area.

Thank you to everyone who attended and took the time to share their views. Community engagement remains a key part of helping us understand local issues and develop appropriate responses.



07/07/2026 Moped Recovered on Coleshill West Patch. While out on patrol in the Coleshill West Hurley Patch, PCSO Mitchell found a moped which was unfortunately

in a very sorry state. We'd like to say a big thank you to the residents who took the time to email in and report concerns about the vehicle. Information from the community plays a vital role in helping us identify and deal with issues like this. Your reports make a real difference, so please continue to get in touch if you see anything suspicious or of concern in your area.

Thank you for your ongoing support.



The afternoon of 07/07/2026 PCSO's Rygielski and Bradley have been out and about ensuring everyone was happy when leaving Hartshill Academy and Michael Drayton school.

We engaged with so many kids and parents as well as Janet the lollipop lady. Janet is there in all weathers ensuring everyone can cross safely.

I think it's safe to say everyone was happy to be leaving school for the day to go and enjoy the lovely weather.

Not long to go till the summer holidays. If you have any events, you would like us to attend over summer please get in touch and we will do our best to attend.



The Morning of 09/07/2026 PCSO Bradley conducted school parking patrols at Coleshill C of E primary school and got to meet lots of excited children as they head towards the end of their school term. Thank you to George the crossing guard who helps keep the children safe as they make their way to school every morning.



Bobbies on the Beat

09/07/2026 Officers have been at Newton Regis Primary school, regards concerns for school parking. Drivers have been spoken to regards parking safely.

The school encourages the use of the Church and town hall car parking to ensure pick up and drop off are as safe as possible due to the bends and junctions outside the school.

Thank you to the parents that use these areas and your support in keeping children safe.



09/07/2026 Operation Oakenholt – Open Water Safety Patrol

As part of Operation Oakenholt, PCSO Mitchell has been patrolling Kingsbury Water Park as part of ongoing work to promote open water safety and keep visitors safe during the warmer months.

Open water can present hidden dangers, including cold water shock, strong currents, deep water, and unseen hazards beneath the surface. We are encouraging everyone enjoying the park to be aware of the risks and to always follow safety advice.



12/07/2026 Another one off the road this off-road bike was observed by officers in the pub car park in Coleshill directly next to the police station when they were returning after dealing with a separate incident. The rider tried to evade officers, but the bike was secured.

A youth with no driving licence or insurance was then dealt with by officers. The rider admitted using the bike on the public roads and the bike has now been seized.



15/07/2026 PCSO Bradley responded to reports of a vehicle abandoned for a month causing an obstruction to the residents and a distraction to drivers on the road we have now had this recovered.



19/07/2026 PCSO Rygielski and Thompson have attended a VAWG (Violence against women and girls) walk with us.

It was great to see so many people turn up to discuss how we can make them feel safer. The closing comment from one walker was "Thank you, it was so nice to be able to share my awful experience with you and feel like I have been listened too." We continue to hold these walks to allow Women and Girls feel safer within our community.



PC 2300 Thompson, PC 1372 Breeze and PCSO 8810 Mitchell have attended Water Orton cuppa with a copper event at Water Orton Library.

Really good event today, a strong turnout with locals coming to speak to officers, local concerns were discussed as well as crime prevention equipment being handed out such as faraday pouches and bike chains.

At today's event we even had a starter pistol handed into us which has been reviewed by our firearms department and has been made safe.

Thank you to all who took the time and effort to come to today's event.



03/07/2026 Officers from Coleshill Safer Neighbourhood Team have been out alongside members of North Warwickshire Neighbourhood Watch, speaking with members of the community and raising awareness about spiking and how to stay safe whilst enjoying a night out.

As part of our GO OUT STAY SAFE campaign, officers and Neighbourhood Watch have been offering advice and handing out Bottle Stop protectors and cocktail glass covers to help people protect their drinks and stay safe.

In addition, as part of Anti-Social Behaviour Awareness Week, officers have been carrying out high-visibility foot patrols in and around Coleshill town centre this evening, focusing on locations that members of the public have identified as areas of concern. These patrols provide an opportunity for officers to engage with the community, offer reassurance, and address any issues affecting local residents and visitors.

It was great to speak with so many people throughout the event, discuss personal safety, and share practical advice on how to reduce the risk of drink spiking.

A big thank you to everyone who stopped to chat with us and supported the campaign. We appreciate your engagement and look forward to seeing you at our next community event.



22/07/2026 PCSO Payne & Scott were alerted by Atherstone town centre CCTV operators of a suspicious vehicle where the driver was approaching several members of the public.

The vehicle was tracked through the town centre where the occupants were located and the following items seized from the males who were trying to sell various perfumes and tobacco to members of the public. The seized items will be handed over to our colleagues in Trading Standards.



Connected with Warwickshire Police

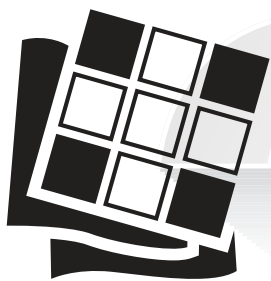
**Atherstone and Coleshill SNT
have been promoting
Warwickshire Connected.**

Get connected with what is happening in your local area, keep up to date and get involved in shaping what goes on where you live or work. Warwickshire Connected is a free messaging service brought to you by Warwickshire Police where you decide when and how you hear about the issues that matter most to you, whether that be getting regular crime updates, the latest information on ongoing incidents and emergencies or learning more about what your local police are doing. This is also the place where you can get involved in helping to make your local area a safer place, tell us what police should be doing in your area, shape the initiatives that help to keep people and property safe and tell us what matters are causing your communities harm. Follow the link to sign up today: www.warwickshireconnected.com



Also please follow our Facebook page where we put updates of what Atherstone and Coleshill Safer Neighbourhood Teams get up to.

There are updates on going incidents, appeals and much more. We will be posting about upcoming events also so please take a look, see when they are and come along. We like to be as accessible as possible so using our social media page is a great way for us to communicate with our communities.



Puzzle Page

ACROSS

- 1 Raps lightly
- 5 Clean thoroughly
- 10 Compass point
- 13 Junk
- 15 "Remember the _"
- 16 Standard or average
- 17 Stadium
- 18 Grassy plain
- 19 Possessive pronoun
- 20 Representative
- 21 Destroy
- 23 Cake
- 25 Ground
- 26 Teased playfully
- 28 Part of "Colorado"
- 31 Flying machine
- 32 Entertain
- 33 Called
- 34 Before (prefix)
- 37 Financial obligation
- 38 Neutral colour
- 40 Churn
- 41 Whichever
- 42 Group of people with musical instruments playing together
- 43 Slips
- 44 Legion
- 45 Chicken sound
- 46 Missions
- 49 Be angry
- 50 Book holder
- 51 Asian dress
- 52 IBM Competitor

55 Cap

56 Raging

59 Blood sucker

61 Vane direction

62 Crow-like bird

63 Rumourmonger

64 Conger

65 Water retention

66 Blow

DOWN

- 1 Despot
- 2 Land unit
- 3 Secondary
- 4 _ Francisco
- 5 Agreeable to the mind
- 6 Tribe
- 7 Cram
- 8 Referee
- 9 Using a boat for pleasure
- 10 Frolic
- 11 Fry lightly
- 12 Goofed
- 14 Public procession of people
- 22 Spanish "one"
- 24 Lode yield
- 25 Final
- 26 Piece of cloth used as the symbol of a country
- 27 Path
- 28 Pater

29 Sign

30 July birthstone

31 Inherent feeling of dignity and worth

34 U.S. President

35 Brook

36 Otherwise

38 Shakespeare's occupation

39 Tails

40 Competition of speed

42 Large outdoor fire

43 Group consisting of parents and their children

44 Movie 2001's talking computer

45 Mongrel dog

46 Sugar-free brand

47 River

48 Disgust

49 Passes at the bull

51 Plant trunk

52 List of meals

53 Deeds

54 Make small talk

57 Radiation dose

58 Street abbr.

60 Electroencephalograph (abbr.)

1	2	3	4		5	6	7	8	9		10	11	12
13				14		15					16		
17						18					19		
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			44						45				
46	47	48						49					
50							51				52	53	54
55				56	57	58				59	60		
61				62						63			
64				65							66		

By Jimmy and Evelyn Johnson - www.qets.com

Word Search

F E F O R R E C R E A T I O N
A R W H H I K I N G N A G T M
M O A E U P H O R I A V N L S
I H A I L T H E O P Y L I I I
L S T O U M G J H F B O M B N
Y A R R E S N C I A U D M E O
I E L L U O H R A O R N I R I
R S B C C O E O G M A A W T T
L M A N I W F N L N P B S Y I
E D O R O N I L T I I I F E L
I F F R R T C H E E D D N O O
M F K A A I U I L J F A K G B
L S C O M M X J P Q L H Y Q A
D J B Y P E G A R F F U S M Y
J M H M E D A R A P V G M N M

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

Abolitionism
Anthum
Band
Boating
Camping
Conjoint
Emblem

Euphoria
Family
Fireworks
Fourth
Hiking
Holiday
Liberty

Parade
Picnic
Recreation
Ruby
Seashore
Suffrage
Swimming

Answers to the puzzles if struggling are on page 25



Step Back in Time at St Mary & St Margaret's Heritage Weekend

St Mary and St Margaret's Church is inviting residents and visitors to step inside nearly 900 years of history during the National Heritage Open Days Festival on Saturday 19 and Sunday 20 September. The free weekend event offers a rare chance to explore one of Castle Bromwich's most treasured historic landmarks, with activities for all ages.

This year's theme, "Everyday Histories", celebrates the stories and traditions that shape communities. Known as the "Church within a Church", St Mary and St Margaret's has been at the heart of local life for generations, marking baptisms, weddings, remembrance and community celebrations.

Visitors can discover the church's fascinating past, learn how the building has changed over the centuries and enjoy the stories behind this much-loved local landmark.

Highlights include the chance to climb the church tower for views across the area, children's activities for younger visitors and refreshments throughout the weekend.

The church and tower will be open from 11.00am to 4.00pm on Saturday 19 September and from 12.30pm to 4.00pm on Sunday 20 September. A Heritage Fayre will also take place in the Community Hall on Sunday.

Sunday begins with a special Songs of Praise service from 11.00am to 12.00pm, starting with a heritage procession from the rear of Castle Bromwich Hall to the church at 10.50am for anyone wishing to take part. Visitors are welcome to join in by wearing Edwardian costume or hat.

Whether you love history, are looking for a free family day out, or are simply curious to see inside one of the area's hidden treasures, this welcoming weekend promises plenty to discover.

For further information, visit the church website or the National Heritage Open Days website www.heritageopendays.org.uk



Official Church FB Page

facebook.com/
stmaryandstmargarechurch

Church & Community Hall Group

facebook.com/groups/1064
52275854

Community Hall Page

facebook.com/stmaryandst
margaretcommunityhall



Or visit our website

www.stmaryandstmargaret.co.uk

Chair of Governors departs on a high

The Chair of Governors at Water Orton Primary School, Steve Stuart, has announced he is stepping down as after a period of five years and the recent publication of a highly positive OFSTED inspection report.

To commemorate and thank him for his work over the years Steve was presented with a Hoodie at the school's annual Leavers Assembly - the same as those worn by the children who leave the school each year.

Steve commented, "It has been an absolute privilege and pleasure to serve as Chair of Governors but it is the right time to hand over the baton to a wonderful team of leaders and governors to build on the foundations put into place. The School has just received a great OFSTED report. The school has been praised for its work for its curriculum and teaching, inclusion, leadership and governance, attendance and behaviour as well as personal development and wellbeing. It was gratifying to

receive acknowledgement for the work undertaken and the professionalism of all associated with our school"

"For the school to improve to such an extent is a real achievement especially as these are difficult times for the whole educational sector and I am very proud of what has been achieved and the people who have helped to make it happen."

Steve, who had served as a Governor for 3 years before becoming chair said, "The school site has been transformed over the last couple of years and these improvements both inside and outside will continue to improve to enable our children to receive an educational experience fit for the 21st century."

"To receive the hoodie was thoughtful and very touching.

I will wear it with pride around the village and I'll ensure I wear it at a forthcoming council meeting."



Armed Forces Day 27 June 2026

Saturday 27th June saw the Nation celebrate and honour our Armed Forces for their commitment, bravery and selflessness in all they do to keep us safe, and to give recognition and deep gratitude for their service. The day, marked Nationally, is the culmination of Armed Forces Week, an annual opportunity for us to thank the Armed Forces community: serving personnel and reservists, veterans, cadets and their families and supporters.

So it was with a huge sense of pride, honour and patriotism that Paddy, formerly of The Parachute Regiment, completed his 1040th career record challenge event in front of a hugely-supportive crowd, during the event, and was able to give back to an organisation so dear to his heart.

The Royal Leamington Spa Armed Forces Day event, run by Warwickshire District Council, was a place already special to Paddy.

The soaring temperatures did not deter Paddy who once again dug-deep and gave

it his all. The crowd and general public attending the event rallied around in a moving display of support and unity, thoroughly spurring Doyle to the finish line!

Paddy completed a Farmer's Carry Weighted Shuttle Walk (30 ft), carrying over 40lbs in each hand of weighted training bags, completing 47 thirty feet laps in an astonishing time of 10 minutes 54.06 seconds whilst supported and cheered throughout with fantastic support from the local community and Military.

Kevin Brown, on behalf of Official Record Breakers "Paddy, your determination and resilience are truly inspirational. You have motivated me to keep pushing forward in my own sport, Paddy- never give up!"

A huge thank you goes to everyone involved on the day and for the fantastic support shown. It was truly an honour to be a part of such an important event and a huge thank you and utter respects go to our Armed Forces Community."





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To date, we have gathered over 40,000 testimonies of answered prayer that will be represented on the Eternal Wall. How

cool is that! The Bible tells us to share God's work with one another, and rightly so. For someone navigating challenges similar to yours, the assurance that God has intervened before is often precisely what's needed. For those who do not know of God, sharing His works is also a way of sharing with them about Him, and spreading the Gospel message.

One generation commends your works to another; they tell of your mighty acts - Psalm 145:4

single person that joins us as we, together, proclaim the deeds of the Lord! Thank you for choosing to be part of this extraordinary journey. We cannot wait to share more of the progress with you.

God bless, Eternal Wall Team



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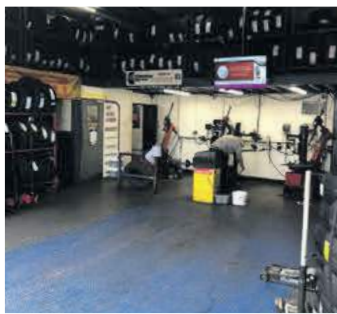
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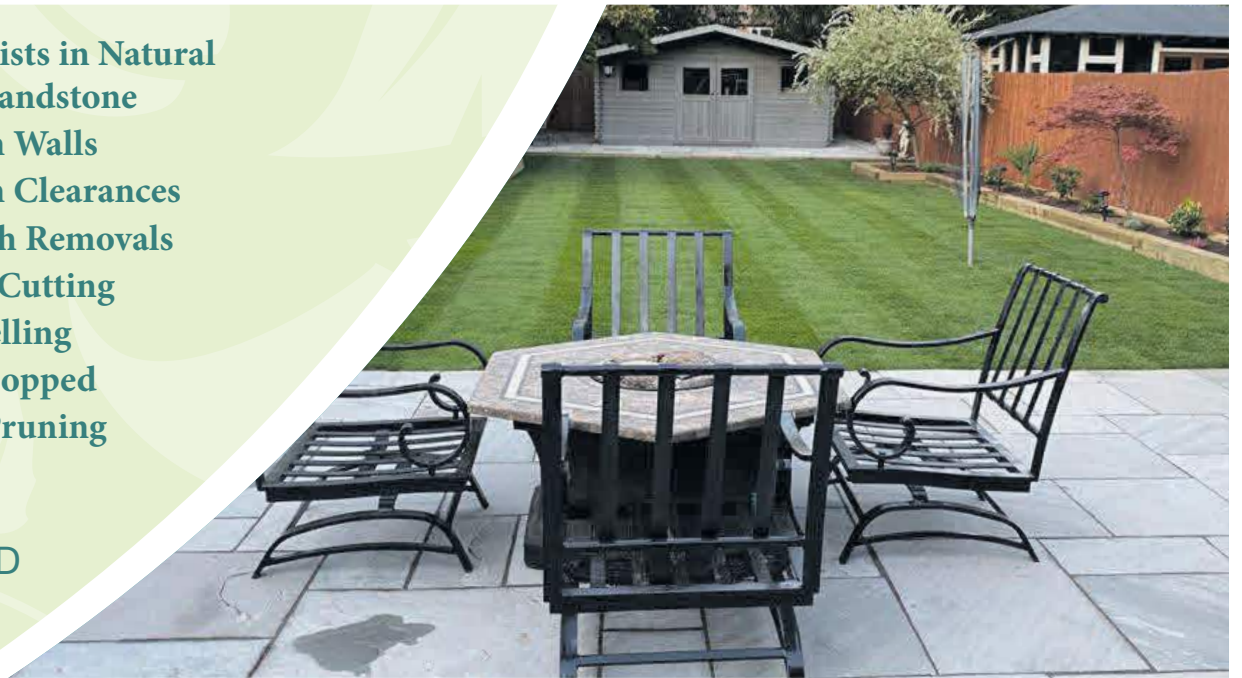
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By Ralph Waldo Emerson



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Local Sports



Coleshill Town F.C.

Coleshill Town FC: New Season, New Ambition, New Improvements

As the 2026 campaign approaches, Pack Meadow feels alive with renewed purpose. Last season's disappointment — falling just short of the playoffs — has only sharpened the hunger inside the club. The message is clear: we go again, stronger on the pitch and stronger off it.

A Strengthened Squad — and Sponsorship Opportunities

The squad has been bolstered with several new signings, adding depth, quality, and fresh energy across the team. Pre-season has already shown promise, with trialists impressing and Coleshill avoiding defeat so far.

Alongside the new arrivals, several players are available for sponsorship, and the club is inviting local businesses and individuals to get involved and show their support. Sponsorship can be tailored to suit your needs, including player sponsorship, individual match sponsorship, or ground sponsorship. Packages can be shaped to match your brand, budget, or community goals.

We also say goodbye to players and staff who have moved on, wishing them every success in their next steps.

Season Tickets & Memberships

At this stage of the rebuild, the club is also encouraging supporters to secure season tickets and club memberships, both of which offer savings on match day prices and hospitality. It's one of the best ways to back the team while enjoying improved value throughout the season.

Pack Meadow: A Ground on the Rise

It's not just the squad evolving — Pack Meadow is undergoing major improvements to enhance the match day experience. Upgrades include:

- New toilets
- A redesigned bar area
- Modernised changing rooms

These developments reflect the club's ambition to grow both competitively and as a community hub.

Pre-Season Fixtures

With preparations well underway, Coleshill's remaining pre-season fixtures are:

- Racing Club Warwick — 23rd July (Home)
- Shifnal Town — 28th July (Home)

- Stafford Rangers — 1st August (Away)

These matches offer valuable minutes, tactical refinement, and a final chance for trialists to impress.

The League Begins

Competitive action kicks off under the Pack Meadow lights: Coleshill Town vs Bedworth United

Monday 10th August

7:45pm kick-off

Tickets available now: Purchase online

A big opening night, with a big crowd desired.

Cup Football Returns

Early cup action adds extra excitement:

- FA Cup — Saturday 22nd August
Home vs Darlaston or Knowle
- FA Trophy First Round Qualifying – Saturday 29th August
Away to Hanley Town

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Water Orton Bowling Club Memorial Garden

On Saturday, 9 May 2026, Water Orton Crown Green Bowling Club proudly unveiled its new Memorial Garden during a special ceremony attended by Members, Families and invited guests.

Established in 1939, the bowling club has been at the heart of village life for 87 years. Over the decades, generations of local people have enjoyed the sport, forged lasting friendships and helped shape the club into the thriving community it is today.

The Memorial Garden has been created as a peaceful place where members can remember and reflect on the lives of former players and friends who contributed so much to the club throughout its long history.

While many bowling clubs honour former members with memorial benches donated by families, Water Orton Crown Green Bowling Club wanted to create something truly unique and lasting. The idea for a dedicated Memorial Garden was proposed by one of the club's committee members and quickly gained the support of fellow committee members and volunteers. Together, they shared a vision of creating a peaceful and attractive space that would not only commemorate those who had been part of the club's history, but also provide a place where current and future members could pause to reflect.



The project has been a true labour of love. Over the past 12 months, club members have generously given their time, skills and effort to transform what was once an overgrown and neglected area into an attractive and tranquil garden that will be enjoyed for many years to come. The unveiling ceremony marked not only the completion of the project but also celebrated the dedication, community spirit and volunteer commitment that continue to make Water Orton Crown Green Bowling Club such an important part of village life.



At the centre of the Memorial Garden is a finely crafted stone engraved with a chosen verse honouring those who have passed and whose contribution to the club will not be forgotten. It is surrounded by memorial pillars, each displaying engraved plaques dedicated to former members. These provide families with a lasting way to remember loved ones and ensure their names remain part of the

club's history. Together, the stone and pillars form a peaceful space for reflection and remembrance for all who visit.

The memorial stone was made possible through a generous grant from North Warwickshire Councillor Robert Neale's Aitkenhead Grant Fund, while the central blossom tree was kindly donated by the family of former club member Robert Smith in his memory. These generous contributions, together with the time, dedication and hard work of club volunteers, have helped create a lasting tribute that will be cherished by members, their families and future generations for many years to come.



The opening ceremony was attended by invited guests including the Vicar of Water Orton, Paul Tullett, Chair of Water Orton

Parish Council Steve Stuart, the club's Vice-Chairman Paul Johnson and Club President Keith Ford. Representatives from the Methodist Church, the Royal British Legion, the Scouts, Boys' Brigade and Brownies also attended, together with families whose loved ones are commemorated in the Memorial Garden. Vice-Chairman Paul Johnson welcomed guests and spoke about the inspiration behind the project. The Vicar reflected on the lives of those remembered, while Steve Stuart praised the club's achievement and the dedication of its volunteers. The ceremony concluded with Club President Keith Ford, a member for more than 40 years, sharing memories of many former members and friends before guests enjoyed refreshments together.

Below are members of the Bowls club who attended the opening ceremony alongside those members who contributed to the garden's creation.



The Memorial Garden has received many positive comments from visitors and teams playing at the club, who have praised it as a fitting and lasting tribute to former members. Families of past members who would like to have a commemorative plaque in the Memorial Garden are invited to contact Club Secretary Kevin Lander at Kevlanda59@gmail.com for further information.



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MAMER SAJID

Entrepreneur & Business Graduate
Class of 2021

After leaving WMG Academy, Mamer began studying Electrical and Electronic Engineering at Aston University. During his studies, he discovered that his passion lay elsewhere and made the bold decision to switch to Business Management, achieving First-Class grades throughout his degree.

Alongside university, Mamer gained valuable experience working at Jaguar Land Rover and in logistics and supply chain management. He has also built experience in car trading, hospitality and property management, and is now exploring opportunities to incorporate AI into future business ventures.

This year, Mamer graduates and plans to travel across Asia, seeking inspiration and new ideas before beginning his next chapter.



MAMER'S ADVICE

"Stay true to yourself and follow what your heart tells you. Finding your true calling takes time, effort and experience. Success doesn't come without setbacks, but every challenge helps shape your future."



SUMMER HUDSON

Apprentice Civil Engineer, Arcadis
Class of 2024

Since joining Arcadis in September 2024 as an Apprentice Civil Engineer within the Rail Civils and Structures team, I have gained valuable experience across several major HS2 project teams. I initially worked in the Project and Construction Management (PMCM) team, supporting quality assurance activities and contributing to technical reviews of reinforced concrete structures. More recently, I have been involved with the Engineering Construction Services (eCSS) team, where my responsibilities have included reviewing technical drawings for ancillary civil engineering assets, as well as producing schedules, specifications and engineering drawings. These opportunities have provided me with a broad understanding of the rail industry and allowed me to develop both my technical knowledge and practical engineering skills.



SUMMER'S ADVICE

"Be proactive and look for opportunities for personal and professional development and take up as many as you can."



JACOB RACE

Engineering Aircraft Technician Avionics, Royal Air Force
Class of 2022

I applied for my apprenticeship shortly before completing college and successfully progressed through the Royal Air Force selection process, including medical, fitness and aptitude assessments. I then attended a 10-week Basic Training course at RAF Halton, followed by a 15-month Phase 2 training programme to become an Aircraft Avionics Technician. During this time, I completed a range of technical modules covering aerodynamics, aircraft maintenance, electronic and electrical fundamentals, aircraft handling, and safety procedures. Following my training, I was posted to RAF Coningsby, where I undertook a four-month specialist 'Q' course focused on the Typhoon aircraft system, providing the knowledge required to maintain and support the aircraft operationally. Having recently completed my apprenticeship, I am now working as a fully qualified Avionics Technician in the Royal Air Force, serving at the Typhoon Mission Support Centre as an Air Specialist Class 1 Technician.



JACOB'S ADVICE

"Work hard and achieve good grades, as this will open up more pathways and opportunities for you after education. It's always better to have five doors to choose from than to be limited to just one."

