ColeshillPost



Covering: Coleshill North, Coleshill South, Coleshill Industrial, Water Orton, Curdworth, Maxstoke, Shustoke, Lea Marston, Marston & The Whitacres

October 2024 Issue 127



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Our main aim is to provide hyper-local news and information to the community where it would otherwise not be accessible. We also offer the most effective platform for local businesses to promote themselves to their target audience. This benefits the entire community and improves social-cohesion.

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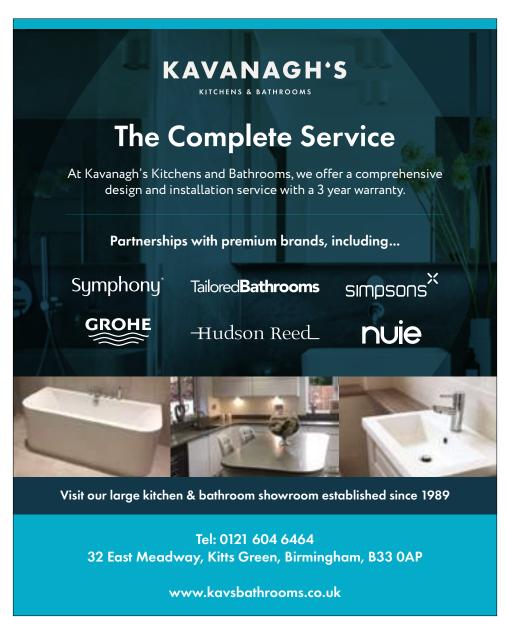
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Fitness and Wellbeing

Water Orton Yoga summer school this year.

We moved, we breathed, we meditated, and maybe a few of us snored during some gorgeous relaxations!

Starting back in the mid-eighties the late Wilf Wood began a summer school of Yoga in Curdworth to raise money for local charities. In the nineties a wonderful teacher, Val Miller, then took over the reigns. Each summer, in the village of Water Orton, Val got together different teachers to share practices and the money raised divided between a local specialeducational needs school in Coleshill (then called Blythe School now Woodlands) and other local charities that students had put

As the summer school became more popular Maureen Hill became the organiser and over the past few years I have been entrusted with this wonderful summer scheme, which has been held at Water Orton primary school and, occasionally, Shustoke village hall.

So, for 4-6 weeks every year we have wonderful teachers from around the Midlands come and teach, with all donations from students going to their chosen charities.

We have welcomed all schools and styles and over the years have enjoyed everything from Sivananda to Iyengar, Yin to Vinyasa, sound baths to Ashtanga, Yoga Nidra to Tibetan chanting and Qigong.

We had another fantastic turnout for Since 2005 alone these sessions have raised over £10,000 for local charities - we have welcomed hundreds of students of Yoga through our doors and many, many wonderful teachers of Yoga.

> We look out for each other. Friendships are made. Hands are held. Laughter and joy are

This year was no exception. We were treated to beautiful sacred mantra chanting from Karthi Shrikanthan, a challenging yet uplifting Yoga flow from Patricia Green, Sophie Rogers blissfully soothed us with her sound bath, Emma Fletcher guided a creative all-abilities Yoga session with lots of laughter, Julie Walker introduced her own blend of Yoga and Qi fitness and Cath Hussey worked her magic with a joyful Yoga Nidra (Yogic sleep!).

Thank you to Water Orton primary school for the use of the hall (David and Wayne get a special mention as caretakers).

This year we raised £660, which has been evenly split between:

- Birmingham Christmas shelter
- Ladies fighting breast cancer West Midlands
- Ataxia UK
- · Woodlands school.

Thank you to everyone who came and supported the sessions this year. See you



International Podiatry Day! October 8th

On 8th October we celebrate Interna/onal Podiatry day. To raise the profile of Podiatry and help people understand what we do.

Here a just a few things you might not realise that we do as Podiatrists.

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- Swelling and oedema

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There are many options to treat fungal nail infections, our HCPC registered

Podiatrists can help talk through the condition and help you chose the best option for yourself. We can confirm if you have a fungal nail infection with a simple 5 minute test when we see you for an



In growing toenails:

An Ingrowing toenail can be very painful and really prevent activity due to pain and infection.





Our Podiatrists as experts in the treatment of ingrowing toenails and all are qualified to use local anaesthetics and perform nail surgery if necessary to cure the problem safe and effectively. This procedure cures the problem and prevent sit recuring in the future.

Note: A free Help4feet Foot cream for anyone booking in for an appointment during the week of 7th - 12th October.

If you would like to discuss any of these treatments, why not give us a call on 0121 749 6313



COLESHILL & DISTRICT GARDENING CLUB

Monday 21st October

We Welcome: CHRIS GOUGH.

Who will give a talk on: "THE LIFE PATH TRUST"

The Life Path Trust supports people with learning disabilities and autism.

"At Life Path Trust we focus on personalised care promoting independence and fostering community connections to help everyone we support thrive."

7.30pm Coleshill Community Centre

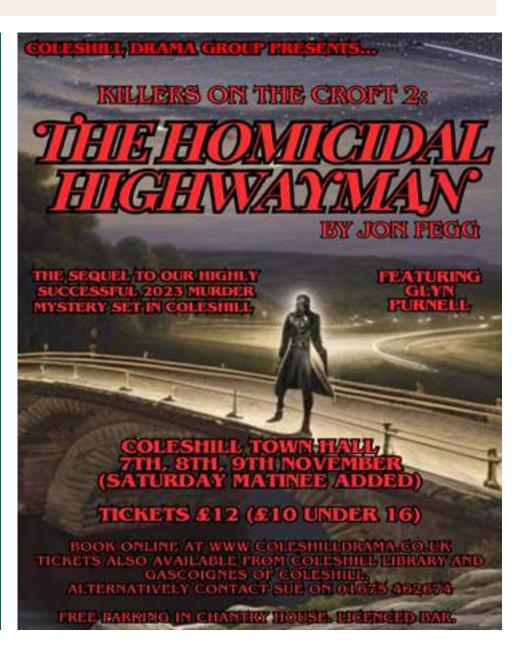
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You've made a Will, stating that, in the event of your death, you intend for your spouse to inherit everything, including your share of the family home. But what if your spouse needs care in later life? Your spouse may be expected to pay for their care themselves... but care fees are getting more and more expensive every year, costing anywhere between £26,000 and £52,000. How can they afford to pay for their care fees and leave some money as inheritance for your children?

This is an upsetting scenario... and unfortunately, it could happen to any of us without the right protection.

The sad truth is that around 200,000 family homes are sold every year to pay for care fees. Estates are drastically reduced- sometimes to nothing at all- to pay for care, leaving beneficiaries with little to no inheritance. The lower limit for care fee means testing is currently set at £14,250. However, your loved ones' inheritance could be even less than this simply because the home and other assets were not protected in the right

Don't leave your home open to any

All of this can be avoided- with careful planning and professional advice, you can protect your home and savings so that your children can benefit as much as possible. Putting yourself in control means you'll prevent government authorities and other parties getting their hands on your assets.



For Couples

If you jointly own your home, we can protect your property with one of our powerful Protection Wills. These wills provide your partner/spouse with a right to continue to occupy the property and buy a replacement property if

necessary. The capital share you have in the property will also be protected. The property is also safeguarded from local authority means testing.

The ideal scenario is that half the property is protected from loss, and the other half is disregarded by local authorities. What this means for inheritance is that at least half of the property's shares will be passed down to your children.

This plan of action is applicable even if you have a mortgage!

Future stress and heartache for your family and beneficiaries can be avoided, but you must act sooner rather than later. If you fall ill and require permanent care, or if you unfortunately lose mental capacity for any reason, it will be too late to protect your home and

Act now!

Sadly, many people put off planning for the future until its too late, leaving children and loved ones devastated to realise that the situation could have been easily avoided. The sooner planning is put into effect, the more effectively we can help you ensure that your assets go to those you love ... not those you don't!

Do you have Savings?

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Act today and protect those you love If you want to be certain that your assets will pass down your loved ones or children you'll need more than a basic ₩;111

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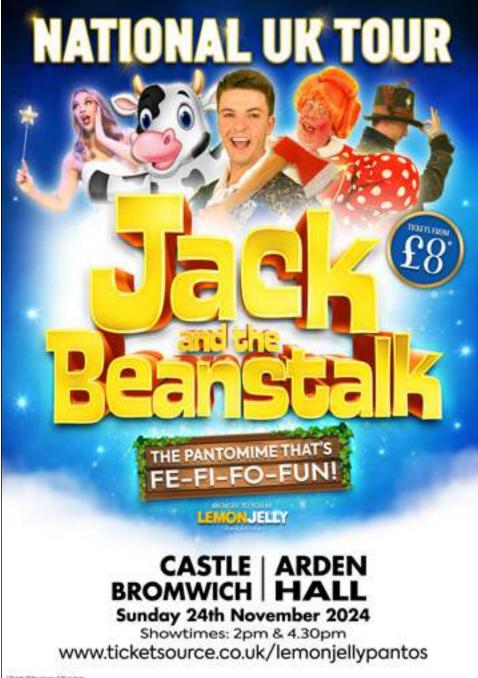
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Lemon Jelly Pantos returns

Following their sell out success last year, Lemon Jelly Pantos returns with Jack & The Beanstalk, the pantomime that reaches new heights! Join Jack, Dame Trott, Daisy & a whole host of magical characters in this years GIANT of a pantomime. Visiting The Arden Hall

in Castle Bromwich on Sunday 24th November 2024 at 2pm & 4.30pm.

Can Jack get his head out of the clouds for long enough to save the day? Featuring all the traditional pantomime ingredients, this one hour, laughter packed show features colourful characters, GIANT sized jokes, fantastic music, lavish costumes & stunning sets.

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www.ticketsource.co.uk/lemonjellypantos

Box office: 07906854269

WIN A FAMILY TICKET FOR THE PANTO! Competition:



The competition is for a family ticket (two adults & two children)

Lemon Jelly is giving one lucky reader the chance to win family tickets, read the question below. Email your answers to editor.postgroup@outlook.com by 18/10/2024 to be in for a chance to enter the draw where a winner will be chose at random. Your name will be printed in the following issue of the papers as the winner.

In the pantomime story Jack & The Beanstalk, what does Jack Trott exchange for Daisy the cow?

A) money B) fish fingers C) magic beans

Ticket T&C's: Prize will be voucher code to redeem online at www.ticketsource.co.uk/lemonjellypantos. The code can only be used for the pantomime on Sunday 24th November 2024 at Castle Bromwich Arden Hall at 2pm or 4.30pm. Tickets subject to availability. The code is only available once.



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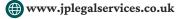
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JP Legal's recent cases

Thank you for your interest and support following these adverts.

We want to bring to your attention two key cases that JP Legal have recently been instructed on. The first related to an employment tribunal matter. Our client felt harassed, had been unfairly treated and inappropriately messaged by her manager. JP Legal were instructed late in the claim and, as our client had been self representing, she had not complied with the Tribunal's directions.

We set to work urgently preparing the matter for the upcoming hearing in around 2 months time. We travelled from Birmingham to London to meet with our client and take her detailed evidence. Following that, we wrote a convincing offer of settlement to her

employer which was accepted. Our client went from a failure to comply with directions to walking away with £9,000.

The second case JP Legal has recently been instructed on relates to a Sexual Offences Prevention Order. We are in the process of obtaining the supporting evidence to show the order is no longer necessary for the protection of the public and feel confident we can get the order discharged.

We hope this shows that, whilst we are not a firm of solicitors, we can help you in a range of legal matters. Contact us today for excellent legal advice at an affordable cost.



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Traffic Commissioner West Midlands 38 George Road Edgbaston Birmingham B15 1PL no later than the 10th of October 2024

Representations must be made in writing, stating the grounds on which they are made.

A copy of the representations must also be sent to the applicant at the address given above.

Note: Objections that are frivolous or vexatious will not be considered.

Coleshill Library Summer Reading Challenge

Medal Ceremony - Saturday 7th September

Last Saturday here at the library we were delighted to have over 30 of our young readers join us for a medal ceremony to mark the end of this years Summer Reading Challenge.

The Summer Reading Challenge is for children aged 4 to 11 years old and encourages them to keep reading through the long summer holiday. The challenge is completely free and the children are given a poster and stickers at the beginning and encouraged to visit the library over the summer to receive more stickers and choose more books! We have also held our 'Crafternoons' once a week where children have come in and got involved in a variety of different crafts that support the theme: Marvellous Makers!

On Saturday we were joined by Coleshill Town Mayor – Sue Wallace who kindly presented the medals and certificates to our readers. Lots of proud faces all round!















Can HS2 ever be a railway to somewhere?

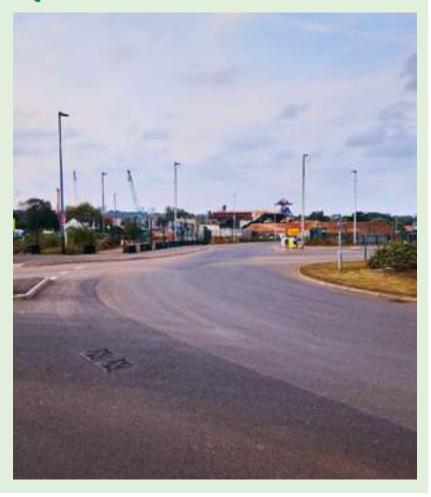
By Derek Axe, Coleshill resident

Last October I wrote 'Is HS2 becoming a railway to nowhere?' and now I ask, 'Can it be a railway to somewhere?'

The huge infrastructure that we see being assembled to the west of Coleshill is giving us some reality of the impact the railway will have. There is still uncertainty as to whether the railway will reach Euston in central London particularly as a hub station is being built at Old Oak Common on the periphery of London. If this does become the London terminus for HS2 then its fate will be sealed because the time saved in travelling from Birmingham to Old Oak Common will then be lost in the transfer from Old Oak Common to central London. In other words, an expensive HS2 rail ticket will make no sense when the existing rail route terminates at Euston. However, HS2 will provide more rail capacity though at a price. Now the only certainty is that the railway will run from Old Oak Common to the new station near Birmingham airport and on to Birmingham city centre before integrating into the existing west coast mainline near Lichfield. How can this current plan be developed to improve the west and east coast mainline

routes and at the same time make HS2 viable? The railway at Old Oak Common could connect with new track to the east coast railway and on to St. Pancras in central London. This would not only allow HS2 into St. Pancras but also offer the possibility of HS1 Paris and Brussels being directly linked to HS2 Birmingham. In addition, the currently abandoned HS2 eastern arm could be reinstated to a new East Midlands hub on the east coast mainline between Derby and Nottingham. This in conjunction with the Lichfield west coast link would open direct access to Europe for northern cities. This could make HS2 viable and help reduce what is already a huge HS2 debt that the taxpayer will have to finance.

HS2 has the appearance of a financial disaster in the making. This may be salvaged by yet more funding to develop new links with the existing railway we have. Will this happen when there is so much demand for spending on hospitals and schools? We all await a Government decision but with the benefit of hindsight it is likely that if we could go back to 2014 when the link to HS1 was removed then HS2 would have been abandoned and the £50 billion we are now on the hook for directed into improving the railway we already had, our hospitals and our schools.



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Dates as above plus Wednesday 18th December

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Cllr Rachel Taylor, North Warwickshire and Bedworth

October update



Becoming MP for the area where I grew up and call home is a huge honour. It has been a joy to spend the last two months meeting so many of you in Coleshill, listening to your aspirations for our area, and taking your views to Westminster to get you the best deal from this government's ambitious programme for national renewal.

That programme has begun, and I am proud to have already voted to bring our buses and trains back into public ownership. I have also hit the ground running to support residents in Coleshill, fighting to ensure that your local Post Office counter remains open and fully operational, pushing to prevent the disruption caused by HS2, and visiting Coleshill Warm Room and the Coleshill Town Ladies football team.

I know there is concern locally about the state of the economy and what this means for jobs and living standards in our area. During the election campaign, many of you said to me that while you were willing to give Labour a chance, you were worried that things had got so bad that you didn't believe we would be able to make a difference. Proving that politics can deliver positive change – as Labour did when we were last in government – is my highest responsibility as your MP.

But to do that, I must keep my promise that I would be honest about the tough decisions we need to take, and the truth is there are no quick fixes to the mess we now find ourselves in.

In July it was revealed that the Conservatives made a series of irresponsible spending commitments that left a £22 billion spending gap in the country's finances this year, including only budgeting £350 million for refugee accommodation, and then spending £7.5 billion on their broken asylum system. Such financial recklessness has never happened before and is rightly being investigated by the independent Office for Budget Responsibility (OBR).

Not taking action to balance the books would have risked a repeat of the higher prices, mortgages, and rents we saw following Liz Truss's disastrous minibudget. The toughest choice has been the decision to target the winter fuel payment at the most vulnerable pensioners who are eligible for Pension Credit, which I know has caused real concern locally.

I have raised your concerns with my colleagues in government, and they are in no doubt as to the worries you have conveyed to me. My focus now is ensuring that pensioners in North Warwickshire on the lowest incomes are signed up to receive Pension Credit, and I've been working with AgeUK and the Citizens Advice Bureau to organise drop-in surgeries to ensure that happens. If you or anyone you know may be eligible for support they're not currently receiving, please get in touch with me and I'd be happy to help.

Most importantly, Labour remains committed to the pensions 'triple lock', which has seen above-inflation increases to the state pension over the last few years, including a rise of over £900 this year. There will be another rise announced in next month's budget, with pensions projected to increase by over £1,000 in the next five years.

The government has also extended the Household Support Fund, providing £500m of targeted support for those in the greatest need, and is pushing ahead with our mission to cut energy bills by switching to cheaper renewables and insulating our draughtiest homes. I will continue to work hard to ensure that constituents get their fair share of that crucial investment.

Labour was elected to repair our public finances after years of chaos. That's not going to be easy, but as your MP I will always listen to your concerns, and I will always be honest about the difficult choices that have to be made to achieve a Britain that works for everyone in our community.

Our new logo



Collaborative, Inclusive, Compassionate

Alongside our new logo we are introducing a new strapline, relating to our values and how we work, which will be used with our logo.

Statement

We are pleased to announce that from 1st October the new name of our charity will be Father Hudson's Caritas. At Father Hudson's Care we have been providing support to those in need since 1902. Over the last 122 years we have adapted and developed to ensure we are reaching out and supporting those most in need.

Caritas means love, charity, care, concern for others. The term is universal and used across the world by similar organisations driven by a Catholic ethos. We are proud of our ethos, we reach out and support people of all faiths and none and are embedded by our values of being inclusive, welcoming of all and challenging injustice. Having Caritas in our name better reflects our place nationally and internationally, ensuring we are visible both regionally as the social care agency of the Archdiocese of Birmingham and internationally as a Caritas organisation.



The formal link with Caritas better reflects the work we do and we look forward to working closely with parishes in the coming months.

CEO Jo Watters

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Warwickshire Historian Dr Andrew Watkins helps launch Coleshill mayor's record fifth term at historic Blyth Hall

Susan Wallace is launching her record fifth term as Coleshill Town Mayor with a unique event - a gracious reception on Friday 18th October at one of the Midlands' most historic houses, Blyth Hall. And renowned historian of this part of the Warwickshire Arden Dr Andrew Watkins from Packington Lane, Coleshill will be lending his expertise with an atmospheric talk on the Hall itself, home to the Dugdale family for the past 400 years.

Dr Watkins, who specialises in the Medieval period in North Warwickshire, taught History at Coleshill School and Lichfield Cathedral School. He is now a Visiting Fellow at the University of Leicester's Centre for Local History, as well as organist at Shustoke Church.

He is fascinated by the impact of the family's most distinguished scion, the great historian Sir William Dugdale from Shustoke, who wrote the iconic work 'Antiquities of Warwickshire' and became a central part of King Charles I's court. Having bought Blyth Hall, then a glorified farmhouse, in 1625, Sir William and later his son John each updated and extended the house, adding a wing and making it more comfortable and spacious.

The current owner, 31-year-old Will Dugdale, grandson of former Aston Villa Chairman Sir Bill Dugdale, is the 12th generation of his family to live there. To help fund its upkeep, Will is opening the Grade I Listed Hall for the first time, for events, conferences, house parties, meetings and historical tours, plus community gatherings like the mayoral reception. Having studied History at Manchester University, he is keen to find out more about the background to his own heritage and was intrigued during a recent tour of the Hall with Dr Watkins, to learn that in the later middle ages a village called Blyth stood on the edge of what is now the park, near the river. This was later depopulated in the first half of the 17th century.



Dr Watkins also explained how the first Sir William and then his son John introduced controversial changes in farming to boost the profits of their growing estates, allegedly driving off many of the locals and grubbing up numerous hedges. They replaced labour-intensive crop farming with sheep and cattle rearing, employing just a few herdsmen, grazing their animals on the lush, marshy meadowland beyond the existing fishponds beside the house, known as the Stews.

Want to find out more? A few tickets at £25 are still available for the Cheese and Wine Reception from Gascoignes of Coleshill, Coleshill Library and the Town Council Hub. All proceeds will go to Father Hudson's Care and the Reception will be held at 7.30pm on October 18th at Blyth Hall, Blythe Road, B46 2AF.

www.blyth-hall.co.uk/

OPEN SPACES SOCIETY ATTACKS GREEN-SPACE NEGLECT IN GOVERNMENT'S NEW POLICIES

'Where are our green spaces going?' asks the Open Spaces Society(1) which is deeply concerned at the direction taken by the government's revised National Planning Policy Framework (NPPF).(2)

The society's case officer, Nicola Hodgson, has responded to the consultation on the revised policy.

"The government has not proposed any significant changes to the NPPF to support the creation and protection of open space,' Nicola declares. 'While its five golden rules for planning include the provision of green space, these only apply to development on land released from the green belt and not to all new development.

'The existing Local Green Space (LGS)(3) designation is being undermined because it only has the same protection as green belt, which we now know to be at risk.

"The government misses the opportunity to improve the process for creating and managing LGS, which can only be designated when a local plan is being reviewed or a neighbourhood plan progressed. This severely restricts the opportunity to use the designation, and to protect much-loved open space.

'The planning system should give the creation and protection of green space and public paths the same priority as other infrastructure.

"The government should require developers to register land voluntarily within developments as town or village green(4), thereby protecting it for ever and giving local people rights there.

'Everyone should be able to enjoy good-quality, well-maintained, and safe open space within 300 metres of their homes.

'We are dismayed that these issues are not adequately addressed in the draft NPPF, and will continue to campaign for them, for the health and well-being of the public,' Nicola concludes.



An Update from the Parish of Water Orton

By Rev Paul Tullett

I thought I would say a word about what is known as the occasional offices. The occasional offices are baptisms, marriages, and funerals. A more irreverent term is sometimes used hatching, matching, and dispatching. I will start at the beginning with the joyous Service of Holy Baptism (despite the little one being somewhat overwhelmed by it all).

Baptisms

Often people will call them a Christening, though this should rightly be understood as a baptism. This term is used when we baptise a baby or infant. At the heart of the service we say these words, 'their name, I baptise you in the name of the Father, and the Son, and the Holy Spirit'. We use this phrase as it is a command from Jesus found in the gospel of Matthew (chapter 28 verse 19). In the service parents and godparents are committing themselves to bring the child up in the Christian way.







God parents will often be given cards stating their responsibilities: -

- 1. Pray regularly for the child or baby.
- 2. Set them an example in Christian living.
- 3. Help them to grow in the Christian faith.
- 4. Give encouragement to follow Jesus and to fight evil.
- 5. Encourage them towards confirmation.



At a confirmation service the person confirms the promises made on their behalf at the baptism.

These are primarily about submitting to Christ as Lord and turning to him as your Saviour. Christians believe that by turning to Jesus they are spared judgement and enjoy an everlasting relationship to God.



When someone decides to follow Jesus, become a Christian they will often say a prayer of commitment. This would read something like this: -

"Dear God, I know that I am a sinner. I want to turn from my sins, and I ask for Your forgiveness. I believe that Jesus Christ is Your Son. I believe He died for my sins and that You raised Him to life. I want Him to come into my heart and to take control of my life. I want to trust Jesus as my Saviour and follow Him as my Lord from this day forward. In Jesus' Name, amen."

People who want to get their child baptised should contact their local parish church. If you are not sure google, a church near you. There is no charge for baptisms, though donations are gratefully accepted. And given what you have just read it will not surprise you that we would encourage parents to come along on a Sunday with their newly baptised infant.

Next time out I will write something about weddings.

In July it was a joy to be present when our friend Rev Peter Norman was ordained Priest at our Anglican (C of E) Cathedral of St Philip in July. (Some people think of it as Pigeon Park). Peter serves in both Water Orton and Chelmsley Wood, and is a blessing to both communities.



The Parish Church of Water Orton has seen significant growth in the last few months. New people are welcome to join us at any of our services.

Every Sunday at 9.00am we have a traditional service with Holy Communion led by our church choir, and at 11.00am there is a more contemporary service led by our worship group. The 11.00am service includes separate teaching and activities for children and young people aged four and upwards. Our theology is orthodox and our preaching is based on The Word of God as laid out in the scriptures. On Wednesdays we have mid-week communion at 10.00am with prayers and teaching that are usually led by members of the congregation. This service is growing in popularity, due in no small part to a wide range of experiences being shared by our speakers. After every Service we have a get together (not compulsory) in the Robert Lloyd Room (part of the Church) with coffee and tea etc + biscuits - what a good time to chit chat and make new friends!!



On Tuesday mornings from 9.30am we hold our Tuesday cafe in the Robert Lloyd Room. There is no charge for this café. We rely on volunteers and donations from those who use it. Newcomers are always welcome. During this time, we have a prayer meeting at 10am in church for those who want to attend.

In the Autumn Peter will be running a discussion group over about eight weeks on Christianity. No prior knowledge or experience is required, just a desire to learn more about the Christian faith.

Once a month, usually on the second Sunday we have our family church called Quest Family Gathering. We meet and enjoy crafts, activities, songs and a short bible talk for before we have a meal together. Our next gathering is on October 13th. Why not join us and see what it's like.

The Youth Club hosted at the Methodist Church (opposite Tesco's) will recommence on Thursday 12th September. The club is aimed at children in years four to eight. We meet from 6pm to 7:15pm (please note change of finish time). The cost is £1 per child and there is also a tuck shop so they may want some change for that. We play games like table tennis and dodge ball.

On Tuesday and Saturday mornings our foodbank is open to receive donations and for collection of food by anyone who is in need. If you have any enquiries about this or anything else please contact our Vicar, Paul Tullett at paulofwaterorton@hotmail.co.uk or phone on 0121 730 2081.





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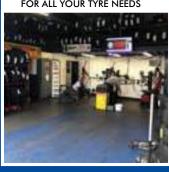
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Police News





All your latest news and information from the Warwickshire Police Local Policing Team for North Warwickshire South (Coleshill) and West (Water Orton/Curdworth)



Follow us on Facebook, search for: Atherstone & Coleshill Safer Neighbourhood Team or scan the QR code here.



Cloned Vehicle recovered

PCSO Smith was conducting patrols around Water Orton when a resident

Crangso strategy and the community passed of the sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like sets of preparing for a children's birthleapy what gur communities would like strategies examprior vitising.

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Orton.

If you see any suspicious vehicles or Thebardentd whitelest prease port the wed the ahildes around ate the attended 1 Canor thrang hotens reporting difference hot paints out thrang hotens known of the community had the

raise opportunity to concerns or issues.

After the event PC Wate surround

Coleshill Cannisters

When officers on patrol spotted a man blowing up balloons in a parked

approached her to ask about a vehiclent Meridayind at age in District Close, and been abandoned. August, pcso scales bill and have stathed initial

look to discover he was using nitrous on the link and fill fewt spage on his and evens legisleids onse is an extense C drug in there and possession of it is a criminals:

seized and the 19-year-old from

offence.

The officers also reported smelling

Coleshill was arrested on suspicion of possession of class C drugs and drink driving.





PCSO 6067 Beale was invited as a guest speaker to attend Coleshill Probus group where he held an PCSO Smith and Beale from heir initial erstone and Codeshill to Nilme are

Suspicions raised they took a clossou wound make to have be finished with us, acoustic guitar.

PCSO Beale added " This was an ideal opportunity to discuss security advice and how to keep safe within geV2. aspx community, as it was a very comfortable surrounding many Thank you to Lauren and a breath test showed the people were put at ease and raised for having us. We look forward people were put at ease and raised for having us. We look forward people were put at ease and raised people were people were put at ease and raised people were people were put at ease at ease and raised people were people wer to attending cagaintes of and balloons) were to be considered.

seized and the 19-year-old from



Spud club visit

Smith attended Water Orton Methodist Church for the "Spud Club" event.

This event is held at the Methodist church every Monday with the hard work from the volunteers. It is a great scheme which offers a hot meal to members of the community and a great place to socialise with the locals. We look forward to attending again.

Whilst there, PCSO Smith spoke to Cllr Steve Stuart about the village's policing prioritises and what we plan to do going forward.

TWO WARM HUB'S

Community Centre (Tue only) 10 to 1 and at **Town Hall Tue to** Thu 10 to 1 Come in for a chat and activities if you wish.

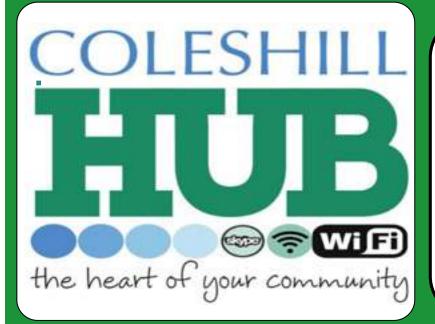
Free refreshments.

INFORMATION

Help and support for any issues or enquiries such as:-

Blue Badges, Driving Licence, Passport **Applications, Online Benefit Forms** (including Pension Credit Checks) and much more

Signposting to many groups, partner services and agencies – see some examples in boxes below



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All welcome, come and visit us for a chat and see how the Hub could help you.

Sumner Road, Coleshill **Full Town Council** Tel. 01675 462517 Meeting – 16th Oct Hours. Mon to Fri 10:00 to 13:00 **Town Hall** www.coleshillhub.org.uk Fifield Hall Room coleshillcommunityhub@gmail.com



GROUPS

Parkinson's Cafe Memory Cafes (Coleshill/ **Water Orton) Young at Heart** Stitch Club

SIGNPOSTING

Carers Trust CAB (Citizens **Advice Bureau**) MIND **Vision Support** Wellbeing

GROUPS

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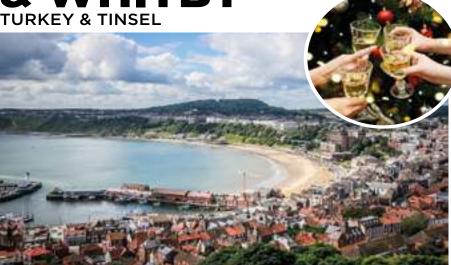




Reader Travel



SCARBOROUGH & WHITBY



Departing 25th November 2024

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- ✓ 4 nights at a selected 2 or 3*hotel, Scarborough with dinner & full English breakfast (includes traditional 'Christmas' dinner)
- 2 for 1 bar (6pm-9pm) on selected drinks
- ✓ After-dinner tea & coffee
- ✓ Light entertainment every evening
- Excursions to Whitby & Beverley

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Security services firm scoops top prize at Solihull Awards 2024

MAN Commercial Protection Limited were announced as the winner of the top prize at the Solihull Awards 2024, receiving the accolade of Solihull's Business of the Year.

The awards ceremony, hosted by Solihull Chamber of Commerce, took place at Hilton Birmingham Metropole, in front of over 300 guests.

Headline sponsors were Hilton Birmingham Metropole and Solihull College & University Centre, while the event was compered by Brummie-born BBC West Midlands Breakfast Show presenter, PJ Ellis.

Judges were impressed with the way MAN Commercial "looked at and diversified their offer and supply services for people, businesses and the wider community".

The judges acknowledged that the security sector is a difficult sector to be in, and it is a real testament to MAN Commercial for being in business for as long as they have. The firm was established in 1993 and have continued to survive and thrive while investing in innovation and growth.

It was a unanimous decision with the judges, who all commented on how interesting and exciting the business is and that their application was "such a pleasure to read".

MAN Commercial Protection Limited is a well-established and highly regarded security company with vast experience in all areas of the industry.

The Shirley-based business supplies fully trained security officers throughout the UK on a daily basis.

The company holds SIA approved contractor status for the provision of security guarding, door supervision, CCTV and key holding services.

MAN Commercial Protection Limited said: "We are delighted to have won two awards, we have won Business of the Year and the award for Excellence in Training, Education & Development in People.

As a Solihull business that has been trading now for 31 years, we are absolutely delighted to win these awards.

"Solihull Chamber do great work throughout the borough, to be nominated for two awards and win like that, we are just absolutely amazed."

Solihull Chamber President Eileen Schofield presented her President's Award to Steve Whitmarsh, chief executive officer of runyourfleet.

The full list of award winners is below:

Solihull's Award for Excellence in Change & Sustainability- Touchwood Solihull
Solihull's Award for Excellence in
Contribution to Community- Visit
Knowle. Sponsored by runyourfleet
Solihull's Award for Excellence in Customer
Services- Evac+ Chair International
Solihull's Award for Excellence in
Hospitality & Retail- Visit Knowle
Solihull's Award for Excellence in
Professional Services- Jerroms
Solihull's Award for Excellence in Sales,
Marketing & Communications- Kim Hulse
Consulting

Solihull's Award for Excellence in Technology & Innovation- Evac+ Chair International. Sponsored by Leap IT Solihull's Award for Excellence in Third Sector- St Basils Charity. Sponsored by Birmingham Business Park

Solihull's Award for Excellence in Training, Education & Development in People-MAN Commercial Protection Limited. Sponsored by Education Awards

Solihull's Outstanding Start-Up, Enterprise and Entrepreneurship (Start-Up)-Solihull Virtual Assistant. Sponsored by Vision 4 All

Solihull's Outstanding Start-Up, Enterprise and Entrepreneurship (Large Scale)- **UB Healthcare**. Sponsored by Vision4All Solihull's Rising Star and Future Leader-**Sarah Breslin, Solihull College & University Centre**

Solihull's Business of the Year award-MAN Commercial Protection Limited. Sponsored by Solihull Metropolitan Borough Council

Solihull Chamber of Commerce Presidents Award- **Steve Whitmarsh**, **runyourfleet**



Hurrah it's that time of year again!



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Interiors Decorating



Platinum October Update

This month we thought we'd have a look at some of the most useful and important equipment and tools for painting and decorating, as well as what to look out for when buying equipment.

We'll start with a general observation that holds true across most of the equipment available- you get what you pay for. If you're planning on using something more than once then it's worth spending a bit more on a higher quality product, if not you'll only end up having to replace it with a new one. With many tools you'll also find it easier to achieve a better quality finish if you spend a bit more money, this is especially true of paintbrushes and rollers. A common problem with cheap brushes is that they will shed bristles, this gets frustrating as you will be constantly having to remove them from your paintwork then redoing that section. Cheap brushes also make it more difficult to achieve a sharp line when cutting in. The main reason professional decorators are able to create such straight and sharp lines when cutting in is years of practice- having said that, a decent brush helps. The same applies to rollers, cheap roller sleeves will be more likely to leave things such as tram lines in the finished job and won't apply the paint evenly, they also won't last as long. A roller with a very thick, long nap might seem like a good idea in terms of getting the job done faster as they hold more paint, but it will leave a more textured finish. If you want a smoother finish (assuming the walls are smooth to start with) you need a roller with a shorter, tighter nap. It's also worth considering a small, 4 inch roller for going over brush marks when cutting in around things like light switches to achieve a more uniform finish. Some good manufacturers of brushes and rollers to look out for are Purdy, Wooster, Hamilton and Pro-Form. Our favourites are Purdy for roller sleeves and Pro-Form Blaze brushes.

Masking Tape:

Masking tape is useful to have around for a variety of reasons. Most professionals tend not to use it as they are confident to cut in freehand, this isn't the case for most people so it's a good idea to use masking tape to achieve a straight line and to make sure you don't get paint on anything you don't want painting- such as window frames and plug sockets. The main thing to be aware of is the different levels of 'tack' of how strong the adhesion is. If you're sticking it onto something you've already painted then be sure to us a low tack tape otherwise you'll be at risk of pulling the paint off when you remove the masking tape. Most general purpose standard masking tape will do for taping up carpets when you're painting skirting boards.

Sandpaper:

If your aim is to produce a high quality finish then sandpaper is probably the most important tool you'll use. If previously painted woodwork isn't sanded then the new paint won't adhere properly. Sandpaper is also important as it can be used to smooth out rough texture and runs in the previous paintwork. The coarseness of sandpaper is graded in what's known as 'grits'. A lower number indicates a more coarse paper, this gets more and more fine as the numbers get higher. A general rule when working with sandpaper is on very rough surfaces to start with a low grit coarse paper to get rid of the very rough parts then work top to a finish with a higher grit paper for a smoother finish prior to painting. If you don't own a power sander and aren't planning on doing enough decorating to make one a worthwhile investment then its worth considering a pole sander for sanding walls and ceilings.

These are a simple pad that you attach sandpaper to which is mounted on a long pole. These make sanding larger areas a much less laborious process. Also very important when sanding is to purchase a decent dust mask to avoid breathing in the dust.

Scraper:

A good scraper is always handy to have for things such as scraping off large runs or raised areas in paintwork prior to sanding.

If you're not using them week in week out a decent set of filler knives should last a lifetime. It's worth buying a set of 3 different sizes- the thin one can be useful for tight spaces such as between two door frames. A larger, wider blade is better for bigger areas of filler. Make sure you always wipe your filler knives after every use to avoid filler setting on the blade.

Cloths:

Although seemingly insignificant this is the one item that you'll be more grateful of than anything else. Keep a damp cloth with you at all times, you can use it for wiping dust off surfaces, wiping excess filler off your knife or other surfaces, wiping paint off yourself or anywhere else you'd rather not have painted, or simply folding up and putting on your forehead while you lie down in a dark room after a full day of sanding. The list is endless.

This list is by no means exhaustive, there are of course many other tools and pieces of equipment that are useful but we hope we've included enough in the space available to help you find the job a little easier.

Lastly, if you want your tools to last then you need to look after them. Don't allow brushes and rollers to dry out and make sure you clean them properly when you're finished with them. Check the information on the back of the tin of paint for what to use to clean them-generally for water based paints use water to clean up and for solvent based paints usually white spirit. To keep brushes from drying out over night in between uses then either leave them in a jar of water or wrap them in cling



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Pet Page

Ward End Cat Rescue

We are a small but incredibly busy home based rescue, run solely by volunteers. We are continually overrun with cats needing our help. We have lots of cats in the rescue but many of them are not ready for their forever homes as yet for various reasons including needing veterinary treatment such as neutering, ongoing health issues or being semi feral. If you are interested in rehoming a cat or want more information please email us with a contact number, address and who lives in your household. We can then contact you and inform you of any cats that may be suitable.

Come and see us at our local fundraising event on the 16th November or if you have any items suitable for our raffle or tombola we would be most grateful, thank you. Please contact Suzy or Jen via our facebook page if you are interested in donating or helping at the event.

We will also be at the Coleshill Christmas lights switch Christmas Market on Thursday 28th November 2-8pm

Feral Cats If any of our supporters own land or a farm with suitable outbuildings for feral cats to live we would love to hear from you please.

If you're looking to adopt a cat, or if you'd like to support the work of Ward End Cat Rescue, please visit our facebook page WARD END CAT RESCUE OFFICIAL or email us on wardendcatrescueofficial@outlook.com.



Birmingham Dogs Home - Forever homes



Chapo

Breed: Crossbreed Gender: Male (N)

Meet Chapo he is a striking German Shepherd X Rottie mix with a heart full of potential and love. After being passed around seven homes and spending much of his life outdoors, Chapo has found his way to our centre. This resilient boy is looking for a patient and experienced adopter who can give him the stability and care he deserves.

Chapo is a loyal and loving companion who warms up well to those who take the time to know him. Although he can be a bit wary and stressed in new situations,

once he feels comfortable, he becomes incredibly affectionate and cuddly. He thrives on human interaction and enjoys being close to people he knows.

Chapo is a smart boy who knows all his basic commands such as sit, give paw, lie down and recall. His eagerness to please means he's a great candidate for further training. He is currently undergoing halti training at our centre, which is helping him learn to walk better on a lead.

While Chapo does enjoy water and being brushed at our centre, he is less enthusiastic about toys. He is also not a fan of cats and would prefer to be the only dog in the home. His future family will need to be experienced and dedicated, able to offer him the time and patience needed for further training and socialisation.

Chapo is not currently house trained, so his new adopters should be prepared to help him with this important skill. He can be boisterous and energetic but is also very loving once he gets to know you.

If you are interested in adopting, please contact the centre on 0121 643 5211 to enquire.





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GREATER BIRMINGHAM CHAMBERS OF COMMERCE AWARDS 2025

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Female founders hail boost from Chamber pitch competition



Two female entrepreneurs have hailed the boost their businesses received from entering Greater Birmingham Chambers of Commerce's Women Entrepreneurs Pitch Competition.

The programme designed to showcase the region's best women-led SMEs and startups is returning for a second year, with the Chamber once again partnering with NatWest and the British Business Bank.

Wolverhampton-headquartered biotech firm SymbioTex Ltd came out on top in last year's competition following a successful pitch from founder and CEO Olivia Simpson.

Ahead of the 30 September application deadline to enter the 2024 edition, Olivia and fellow finalist Christina French, from ethical manufacturer Essench Cosmetics, are encouraging more female entrepreneurs to follow their lead.

Olivia, whose firm developed a sustainable material designed to revolutionise the production of medical devices, felt compelled to enter the competition after being tagged in a LinkedIn post by West Midlands Enterprise Champion Debbie

She went on to be named as the 'one to watch', with judges praising her "clear and well delivered pitch" and her company's "amazing area of action".

Nearly a year on from the triumph, Olivia says she has benefited hugely from the exposure and new connections.

"It was a really good competition to enter into because there was lots of exposure,"

"Obviously, with people from NatWest, the GBCC and everybody else involved resharing posts (about the event), there was a lot of exposure for myself and the other finalists.

"If I'm being completely honest, we normally don't enter competitions like this unless there is a monetary prize, because when pitching you have to put in a lot of time going through the different rounds, travelling and doing the pitch.

"However, with the contacts and connections, who the judges were, who the people behind it were and the exposure that you could gain - it definitely outweighed the fact that there was no

"The fact that it is women-only is fantastic but it is also great that it's West Midlandsfocused.

"A lot of competitions are national and I think it's very important that we're seeing more opportunities like this in the West Midlands - it also means that the connections you make are a more valuable as well because you're from the same region."

For fellow finalist Christina, whose firm Essench Cosmetics provides an ethical manufacturing service for the cosmetics sector, the competition helped her conquer a fear of pitching.

She admits: "I'd only ever done a 60-second pitch - I didn't even have a pitch deck because it was just something that kept getting pushed to the side while I was busy working on the business.

"I must admit, when I got to the event and saw all the people, I had a bit of a meltdown – I phoned my partner and said: 'I can't do this, I'm not ready for it'.

"But after I'd pitched, the anxiety and doubt all went away. I was bouncing with energy and pride that I'd made it through in one piece without messing my pitch up!

"It gave me the skills and the confidence to push forward. I had amazing feedback and it helped bring awareness to the business.

"So, it has given me the foundations to push forward."

Christina said the competition has also made her feel part of a vibrant female entrepreneur network.

As a result of her participation, she now collaborates with another finalist, Magdalena Karlikowska, from Cytecom, the developer of a specialist bacteria detection technology.

She added: "What the competition did was bring together founders as well. It has built

"I've done work with Magdalena as a result - she started sending clients over to me and we've bounced off each other."

Olivia, meanwhile, adds the whole process from entry to pitch makes the experience enjoyable for female entrepreneurs.

"The application process was very easy," she said. "On the day there was a lot of support from the Chamber team.

"The judges were also incredibly friendly and there were great opportunities for networking - the event itself was a lot of

Find out more information about the 2024 Women Entrepreneurs Pitch Competition: https://www. greaterbirminghamchambers.com/ support/women-entrepreneurspitch-competition.html



Female founder Christina-French



Female founder Olivia-Simpson

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Local Sports



Water Orton Bowling Club

As the season is drawing to a close all of our teams are having a successful season.

In the Erdington Over 55's league our A Team have qualified for the semi-final of the A cup and will play Banbury meanwhile the B-team have finished Third in division Three. In the East Birmingham Tuesday league our A team were winners of division two and the A and B teams played each other in the cup final held at the Raven, The A team eventually winning the cup, both teams can be seen in the photos below.

In the East Birmingham Over 60's our A team are currently top in Division Two with two games to play, all our other teams are in mid-table positions.

In the Thursday Sutton Benevolent league the B team qualified for the cup Semi-Final but were beaten but are second in division Four with one game to play against the current leaders who lead by a single point.

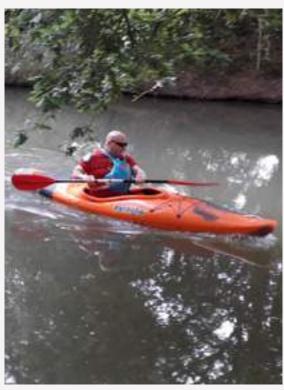
Our Saturday Morning team in the Warwks parks league finished second in division Two but both the Morning and Afternoon teams have qualified for the semi-finals of their respective cup competitions.

Internal club competitions continue to be run, and the Men's championship was held on Sunday 25th August, Pictured below is John Smith the winner on the day seen below receiving his trophy from club chairman Kevin Hackett.

On Thursday 29th August the club held its annual Harry Sieckel memorial trophy competition, a good turn and excellent bowling on the day resulted in a win for club captain Paul Johnson beating Pete Costello in a close final, Paul is see below receiving the trophy from Ted Wallace, Ted is one of our longest serving members, who is now a life member having played bowls for over 60 years and in his early days was a Warwick & Worcester County player.



10 TO GO FOR THE 900th RECORD





Kayaking and cross country speed marches increased Warwickshires Paddy Doyle's career total to 890 documented fitness endurance challenges and World Records. Doyle in a fiberglass kayak, kayaked 2 km - 17 min. 36.28 sec, 3.5 km - 31 min. 07 sec. and 4.5km 43 min. 10 sec, weighed down by 28 lbs of kayak expedition kit along the river Leam Royal Leamington Spa.

"the weather conditions were fairly windy especially going against the river current plus fallen trees which I had to paddle around but it was great to get three more outdoor challenges under my belt with the excellent support from my team."

Six days later the former soldier completed six military cross country speed marches carrying 45 lb backpack over Lowsonford village footpaths and Heart of England Way footpath South Warwickshire times were 6 km - 1 hr. 01 min. 55 sec, 7 km - 1 hr. 14 min. 30 sec, 8 km - 1 hr. 24 min 23 sec, 9 km - 1 hr. 44 min. 14 sec , 10 km - 1 hr. 59 min. 14 sec , 11 km - 2 hr. 13 min. 54 sec.

"It was a warm afternoon which meant I was drinking more water, every stile and gate I came across on the cross country course I either had to climb over or through the gate which slowed my timings but the support team made sure I kept a good pace when speed marching up hill and getting to every checkpoint." Present total of career physical fitness challenges' and World Records covering eleven different sportings disciplines is currently 890.







Coleshill Town F.C.

CTFC Match Reports

All Northern Premier League games unless stated:

Saturday 24th August

Walsall Wood 4 v 1 Coleshill Town

Walsall are one of the favourites to win the League this year as they have brought in a squad of players that have all played at a higher level. It definetely showed in this game as Coleshill were overrun in the end although they had started well and had taken the lead through Josh Hesson just before half time. Wood scored four times in the second half.

Monday 26th August

Coleshill Town 0 v 0 Sutton Coldfield Town

There is always an edge to this game with it being a derby, but also as previous successful manager Cameron Stuart returned to Pack Meadow for the first time. To be honest it was a bore draw as both teams lacked the cutting edge. Former Coleman Ryan Edmunds so nearly got a winner in the dying minutes but his excellent free kick hit the post.

Saturday 31st August

F.A, Cup 1st Qualifying Round

Mickleover 5 v 0 Coleshill Town

After two wins in the FA Cup against sides from one level below, Coleshill were drawn away to Mickleover, one level above, and it was a step two far. The idea was to keep it tight for the opening minutes but the home side scored with two minutes on the clock. Coleshill started to make a game of it but goals just before, and just after, the half time break made the task impossible and Micklover went on to win 5-0.

Saturday 7th September

F.A. Trophy 1st Qualifying Round

Grantham Town 0 v 2 Coleshill Town

A First ever visit to Grantham Town, who are in the same League as Coleshill this season, so two more encounters are due. Coleshill dominated possession in the first half and deservedly went ahead when Alex Tomkinson got the final touch to a corner and debutant Alex McSkeane scored when he beat the home keeper to a trough ball and finished from a tight angle.

Saturday 14th September

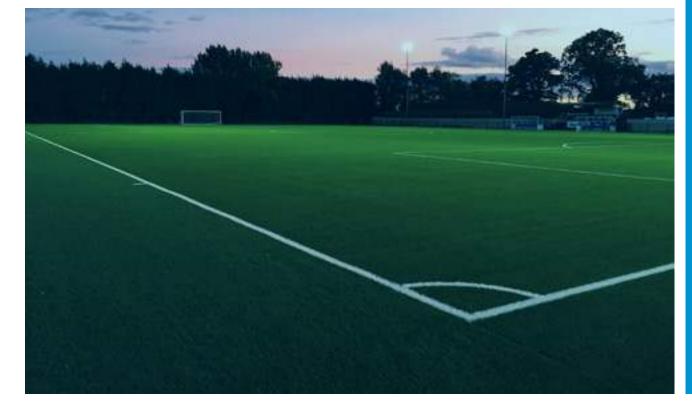
Coleshill Town 2 v 2 Darleston Town

Darleston gained promotion into this league for the first time and so this was the first ever competitive meeting between the two sides. Coleshill were poor in the first half and an impressive Darleston side too a two goal lead. Coleshill got a life line as Alex McSkeane scored in first half added time. Coleshill were much better in the second half and equalised through Ben Usher-Shipway, his first goal for Coleshill. The Colemen tried hard to come up with a winner, and maybe deserved it but it just didn't happen.

Saturday 21st September

F.A. Trophy 2nd Qualifying Round Coleshill Town 3 v 2 Carlton Town

These two sides were drawn together and the same stage of the FA Trophy last season and the visitors won 5-1. It was different this time as Coleshill were 2-0 up after 20 minutes with goals from Alex McSkeane and Sam Tye, BUT, Carlton hit back with a penalty and an equaliser just before the half time whistle. Coleshill dug deep and retook the lead on the hour mark with McSkeane's second, and then the heavens opened making playing decent football almost impossible. The club house got flooded but there was no floods of goals but Coleshill held on for the win and a place in the next round of the FA Trophy.



FIXTURES: Pitching in Northern Premier League Midland Division

3.00pm kick off unless stated.

Saturday 28th September

Home to Wellingborough Town.

Saturday 5th October

Away to Ilkeston Town. FA Trophy 3rd Qualifying Round. The scheduled League game against Grantham Town to be re-arranged.

Monday 7th October

Home to Sporting Khalsa. 7.45pm.

Saturday 12th October

Away to Rugby Town.

Saturday 19th October

Home to Quorn.

Tuesday 22nd October

Away to Shepshed Dynamo.

Saturday 26th October

Home to Coventry Sphinx.

Saturday 2nd November

Away to Worcester City.

Saturday 9th November

Away to AFAC Rushden & Diamonds.

LEAGUE STATS

P6 W2 D2 L2 F8 A10 Pts8 Pos12

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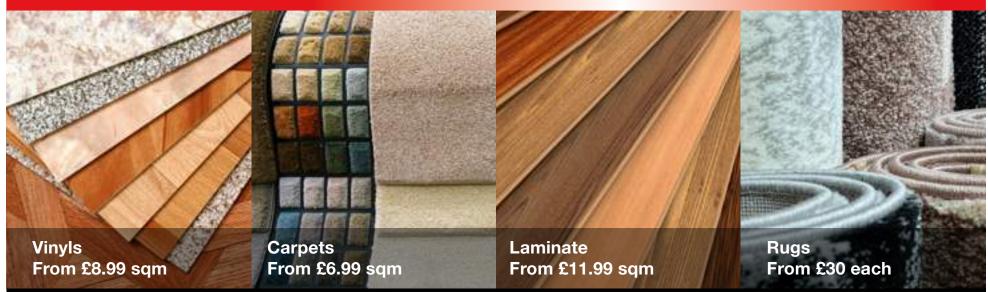
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