

the Coleshill Post

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March 2023 Issue 109



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HS2 Minister visits North Warwickshire

HS2 Minister Huw Merriman MP made good on a promise to North Warwickshire's voice in Parliament, Craig Tracey MP to visit the area so he could see for himself the devastation being caused locally by construction works.

Since being elected in 2015, Craig has been a consistent opponent to the HS2 project and has continued to lobby Government ever since then to rethink the viability of the scheme, including with Chancellor Rt Hon Jeremy Hunt MP ahead of the last budget.

Following Mr Merriman's appointment as HS2 Minister at the end of 2022, Craig secured the first meeting he held with MPs during which he invited him to come and see the impact on local communities and businesses.

Full story page 9



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Our main aim is to provide hyper-local news and information to the community where it would otherwise not be accessible. We also offer the most effective platform for local businesses to promote themselves to their target audience. This benefits the entire community and improves social-cohesion.

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WARM FRIENDS



**Water Orton Warm Hub and Cost of Living help,
and Exercise Sessions to Boot!**

Great news, we are hosting a Warm Hub and Cost of Living weekly help sessions at the new Old Salts Rugby Club clubhouse, Coleshill Road, Water Orton (B46 1QE) on Thursday's from 10am to 3pm, up until the end of March.

We're providing:

- fresh cakes
- daily newspapers and magazines
- games and entertainment
- hot drinks
- soup and a roll at lunchtime

Best of all we are offering a warm welcome and friendship at every session.

We can help with access to Council approved experts if you would like a bit of confidential help or advice on dealing with cost of living pressures you may be facing both at home and when out food shopping. All help is given in the strictest of confidence.

From 1pm until 2pm every Thursday our professional physio will be running **FREE** age and ability fitness sessions in the new clubhouse and will also be on hand to give **FREE** professional advice about any aches or pains that may be hindering you getting out and about. **How good is that!**

So, please come and join us, come for cake and fun at any time from 10am, and if its just the fitness and physio sessions you fancy then we'll see you before 1pm. Everyone warmly welcomed if you fancy a bit of company and somewhere warm to save on the heating.

Our thanks to North Warwickshire Borough Council and Warwickshire County Council for their help and sponsorship of these events. With kind regards,

**Cllr Dave Reilly and Mick Lee,
Chair of Old Saltleians Rugby Football Club.**

JUST POP IN!
NO APPOINTMENTS NEEDED

Scott Bevan History Column



Earliest engagements of the English Civil War

For many years it's been thought that one of the earliest engagements of the English Civil War, if not the earliest, between the Royalists and Parliamentarians troops took place near Curdworth Bridge in the August of 1642.

However, during the recent development of HS2 in the area, the foundations of a building once known as Coleshill Manor have been excavated in a field situated

between Smithswood and Coleshill. Evidence uncovered by the archaeologists excavating the remains of Coleshill Manor might suggest that one of the earliest Civil War skirmishes in fact took place here, just a couple of miles from Curdworth Bridge. For on the stone facade of the gatehouse and the two octagonal towers that once stood as the entranceway into Coleshill Manor, they discovered hundreds of scars and divots left by fired musket balls. Not only that but lots of musket balls have also been recovered from the area around the Manor House

which would've once been the moat. The English Civil War raged across the country between the years 1642 & 1651 and during this period, the owners of Coleshill Manor were staunch Royalists loyal to their King, King Charles I. However, many other people were not and they supported the Parliamentarian cause. We also know that both Parliamentarian and Royalist forces were in the immediate vicinity in August 1642, so just maybe the Parliamentarians decided to let the Royalist owners of Coleshill Manor know that they were about

just prior to engaging with Royalist forces near Curdworth Bridge? Of course this is just conjecture as there's no way to be sure when the Manor House was attacked, but the Civil War was almost certainly the best explanation for the damage that it sustained. It appears that the Civil War didn't go unnoticed in these parts and it's amazing to think that for the best part of four centuries, evidence of the goings on lay just below our feet. I wonder what else we'll discover about the area over time and during alterations to the landscape.



Chamber reveals expanded global trade offering at conference



A new drive to create international trade opportunities for Greater Birmingham businesses was announced at the Chamber's Global Trade Conference yesterday.

From 1 April, the Greater Birmingham Commonwealth Chamber of Commerce (GBCCC) will evolve into the Greater Birmingham Global Chamber of Commerce (GBGCC) to provide opportunities for Chamber members in more international markets.

Mark Smith (pictured), president of the new GBGCC, made the announcement to delegates at the Royal Birmingham Conservatoire.

Mr Smith, the executive director of business engagement at Aston University, said: "We need to evolve to allow great opportunities to members including all countries and so from 1 April we will enhance the Commonwealth Chamber division to incorporate further markets for the purpose of bi-lateral trading opportunities.

"This will add great value to the division and as an existing GBCCC member the benefits to you expand across the globe, not just the Commonwealth.

"We look forward to speaking with you in the coming weeks and seeing you at the Greater Birmingham Global Chamber of Commerce events.

"Your membership is valuable to us and we look forward to embracing the evolution of the GBCCC to the GBGCC together."

Mr Smith also announced Ginho Europe Precision Manufacturing Co Ltd as the GBGCC's first patron.

Ginho is a Burton-based manufacturer of fabricated metals for the automotive sector.

Managing director Shaun Gray, who is president of the Burton and District Chamber of Commerce, said: "We're delighted to be a partner and founding patron of the new Global Chamber.

"As a company who trades internationally, being able to make connections with places like Mexico, Japan and other countries is very important us.

"We've never previously been able to find a global chamber so for Greater Birmingham to be leading on this is fantastic – particularly for us as a Midlands company."

More details on the new Greater Birmingham Global Chamber of Commerce will be announced in April.

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Pirate's Pantry Recipe of the month Chicken Domoda

It's been a while hasn't it? I should say so!

We've made it through the dark evenings, the days are getting longer and we can all expect to start doing without the central heating soon.

While we wait for the weather to begin to give our wallets a break, here is a really rich and wholesome dish to stick to your ribs and keep you warm and toasty.

Gambian peanut stew, or Domoda is known in west Africa by different names; Durango by the Mandinka and Mafe by the Wollofs of Senegal.

I'm sure that many traditionalists will take umbrage at my tweaks with this recipe, and should you wish, you are welcome to change the potato for pumpkin or sweet potato. This is my take on a West African classic.

Play about with the level of chilli until you have this attuned to your own taste. Simple to cook, amazing to share. Serve on its own, with Tapalapa bread or plain rice.

As always, please send any and all feedback to piratespantry@gmail.com

Serves 6

Ingredients:

- 6 chicken thighs
- 1 large onion, chopped
- 2 tablespoons olive oil
- 3 cloves garlic minced
- 2 cloves garlic sliced for garnish
- 2 cans chopped tomato
- 480g crunchy peanut butter
- 2 chicken stock cubes
- 2 litres water
- Scotch bonnet chillies diced, according to heat preference
- 4 medium potatoes, cubed
- Salt and pepper to taste

Method:

Heat the oil in large saucepan. Seal the chicken thighs until browned all over.

Add the water, the onions, garlic and tomatoes and chillies. Bring up to a boil and keep on high heat for 10 minutes.

Add peanut butter, potatoes and stock cubes. Stir to combine, bring to a boil and keep on a high heat for 10 minutes before reducing heat and simmering for 45 minutes, stirring occasionally. Add squash, cover, and continue to cook for 35-40 minutes until the potato is soft.

Season with salt and pepper and serve with chilli and garlic slices for garnish.





Cllr Dave Reilly. Water Orton Ward. North Warwickshire Borough Council.

Curdworth Truck Stop. HS2 Minister Visit.

Water Orton Warm Hub. Coleshill Manor Fortifications

A quick catch up on issues I wrote about in my January article.

Curdworth Truck Stop

North Warwickshire Planning Board refused the planning application to build a HGV lorry park just off the A446 island at Marsh Lane, Curdworth at our meeting on Monday 9th February.

The primary reason for refusal was because the proposed development site is within the Green Belt and the Board decided that very special circumstances were not made out to justify the planning applications approval.

The purpose of Green Belt protection is to prevent urban sprawl, and like my local councillor colleagues (Cllr Sandra Smith, Cllr Martin Watson, and Cllr Mark Simpson, and Curdworth Parish Council colleagues), I was very much of the view that had this development have been approved it would have had the effect of merging Hams Hall, the under construction HS2 section of line which is six tracks wide at this point, the M42, and Curdworth village with the new commercial development at Minworth, therefore in effect merging the area with the built Birmingham conurbation.

While I fully appreciate that there will be residents in Coleshill, especially those who live near to Station Road industrial estate, who will be disappointed by this decision. I hope everyone will appreciate that the strip of Green Belt that runs from the A45 at Packington, along to Junction 4 M6 at the top of Coleshill, along the North Solihull boundary, around Water Orton and Curdworth, and into Wishaw and Middleton, is of significant importance in preventing our communities merging and retaining our North Warwickshire's rural character. To have approved the truck stop application, would have provided a break in this continuous strip of undeveloped land that would have significantly weakened its continuous linear importance.

Additionally, there is also already sufficient existing truck stop provision within North Warwickshire at Corley, the existing Junction 10 M42 services, and on Hams Hall, and outside the Borough on the M6 at Rugby. You may recall that there is no lawful obligation for HGV drivers to use truck stops, for which they pay a fee. It is solely down to the driver's choice.

The applicant now has a right of appeal to the Secretary of State against the Planning Boards refusal to grant planning permission on the grounds that there is a national infrastructure need for HGV parking truck stops. Together with my councillor colleagues, we will do all we can to ensure that the Secretary of State takes full account of our objections.

HS2 Minister Visit to Water Orton.

I am really grateful to our M.P. Craig Tracey for organising a site meeting in Water Orton with Government HS2 Minister Huw Merriman so that he could see first-hand the destruction that preparations for the construction of the Bromford Tunnel into Birmingham has already caused.

As well as meeting for over an hour with Craig, me, Cllr Martin Watson, and the Chief Executive and the Leader of North Warwickshire Borough Council, Mr Merriman also visited Attleboro Lane and the Old Salts Rugby Club to see HS2 works in progress. I came away feeling that Mr Merriman had fully taken onboard our and Water Orton resident concerns, and that he fully understood the grounds for our argument that all tunnelling works in Water Orton should be stopped immediately.

Mr Merriman's visit was critically important because the legal challenge that NWBC have issued against HS2, that was so strongly supported by Water Orton residents in their personal objections to the Secretary of State last year, is based on the argument that HS2 have exceeded their lawful authority granted under the Act of Parliament by relocating the tunnel mouth to Water Orton from Castle Vale.

We are now at the stage that during 2023 our objections will be formally considered by the Secretary of State for Transport, who following a ruling by the Government Planning Inspector, will determine if HS2 are operating within the bounds of the lawful authority. It is a mighty decision that the Secretary of State will make in view of the huge sum of money that has already been spent, but thanks to Craig's championing of our cause, I am confident that the HS2 Minister Mr Merriman has been fully briefed on our Water Orton community and North Warwickshire Borough Council objection.

Warm Friends, Warm Hub and Cost of Living Help – and exercise too !

I'm really pleased to report the Thursday Warm Hub sessions at Old Salts Rugby Club are proving a great success, particularly our age and ability related exercise sessions that run from 1pm every Thursday.

We've hit on a real local need and it's fantastic watching everyone becoming a little more flexible and a little more mobile as the weeks pass. We now regularly have over 30 in our exercise class and it's not too late for you to join us!

The feedback we've received is fantastic and Old Salts Club Chairman Mick Lee and I, together with Lesley and our fabulous volunteers, are now starting to apply for grant funding to put the sessions on for a whole year. I'll let you know how we do, but if we can keep everyone stretching and regaining mobility and muscle strength, then we'll all be moving and feeling a lot better by the end of the year. I know from personal experience, it is amazing how quickly you lose it if you don't use it, and I tell you, I can feel an improvement just from doing the seated mobility stretching that everyone, regardless of age and ability, is doing during the sessions. As Hanna the fitness instructor said last week: "Everyone has a core, you may have forgotten where it is, but I promise you its there" !!!

Based at the new Old Salts Clubhouse, Coleshill Road, Water Orton, the sessions run every Thursday from 10am to 3pm, up until the end of March. Please do come along, no need for any appointments. Cake and fun at any time from 10am, soup and a roll from midday, and if it's just the fitness sessions you fancy, we'll see you before 1pm. Everyone warmly welcomed, it will be great to see you, just pop in whenever you want.

If you aren't able to walk to the clubhouse, we have ample safe car parking if you want to drive, or we can come and collect you (and get you home too of course). Just give me a call on 07770 704 617 and we'll come and get you.

Just a reminder that we are really pleased to be able to help arrange confidential expert advice and support to help with cost-of-living pressures. There are a whole range financial matters we can organise expert help with, as well as helping to providing access to local food banks and debt management support if you are struggling. Please don't be too embarrassed to ask. All help and support will be given in the strictest of confidence and will be provided by experts, just let me know if you'd like to find out more, either in person at these Thursday sessions, or by dropping me an email or phone call.

Coleshill Manor Fortifications

(The old Capital Joinery and Coleshill Hall Farm site)

There has been great local interest in the discovery of what's left of the fortifications for the medieval gatehouse at the Coleshill Manor site. If you missed the BCC episode of Digging for Britain, then you may not know that HS2 archaeologists have found he remnants of the foundations of a full gatehouse that is believed to have been on the same size and scale as that at Maxstoke Castle.

As I write, it's not immediately clear whether HS2 have recovered the stones, or whether they have been covered over having been left in situ. There will be a meeting between North Warwickshire Borough Council Planning and Development officers and councillors, and HS2 at the end of February at which the fortifications will be discussed. I'll keep you updated.

I think that's about it for this month. It is February, and that means that your council tax bills are now being determined for next year by Warwickshire County Council, North Warwickshire Borough Council, the Police and Crime Commissioner, and our local parish and town councils. This edition's deadline is too early for me to publish what has been decided, but I will report next month. You know what they say, only two things in life are certain – Death and Taxes !

As ever, If I can be of any help my email address is davidreilly@northwarks.gov.uk and my phone number is 07770 704 617. With kindest regards, Dave.

A Song for Flo

Water Orton resident, Andy Townshend, has written, performed and recorded “A Song for Flo” to support a local young child who is battling a rare and particularly nasty cancer. The song is now available on you-tube, i-tunes, amazon and all other major download platforms and donations to the cause can be made via Go Fund Me.



Flo was a confident, carefree 5 year old during the summer of 2021 when she became unwell. She loves the planet and is passionate about doing her thing for climate change. Her hero is Greta Thunberg! She is a happy girl, with bundles of energy, who loves to spend time at the family allotment and she likes to have fun with her Brownies Unit!

After very many trips to medical professionals and a multitude of tests she was eventually diagnosed with Stage 4 High Risk Neuroblastoma shortly after her sixth birthday. This is a little known and relatively rare cancer who many people have never even heard of and since the diagnosis Flo’s amazing parents (Hannah and Edd) have been caring for her whilst also raising the profile of the disease.

Neuroblastoma is a cancer that develops in nerve cells. It mostly affects babies and children up to the age of five. Neuroblastoma tumours most often occur in one of the adrenal glands, in the abdomen. First symptoms are loss of appetite, tiredness and pain in the bones, it accounts for around 6% of childhood cancers and affects less than 100 children per year in Great Britain. Treatment for the condition is gruelling involving surgery, high-dose chemotherapy, radiotherapy, immunotherapy, stem cell rescue and more, and Flo has followed this path during the past eighteen months.

Following the diagnosis Flo’s family and a wide circle of friends set about a whole range of fundraising activities to support her on her journey, to cover the cost of additional treatments and her ongoing care. Any surplus monies will be donated to

the various care wards and many wonderful charities who have been helping her.

Andy was determined to play his part and got thinking about how he could help, when he struck upon an idea. Having always been passionate about music but purely as a listener, he enrolled on a singer-songwriter course a few years ago and has now become an accomplished performer. Hence the idea for “A Song for Flo”.

Working closely with several associates, Andy produced a wonderful song all about little Flo. The next step was to create a film to run alongside the music. He was aided in this endeavour by film producer Tom Woolley, which involved several really

enjoyable and fun trips out with Flo and her family to record lots of content.

Andy commented ‘I had written the song but on its own it did not seem to bring to life the energy, positivity and joy of Flo. By making the video it seemed like a great way to capture what an amazing person she really is, for people to see’.

The end result is a brilliant performance for all to enjoy and also to encourage more donations to this really worthwhile cause. We urge you to listen and watch at <https://www.youtube.com/watch?v=NNNhq9fvWIk> and hopefully to then donate via <https://www.gofundme.com/f/fundraising-for-flo>



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Care Fees... who pays?

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If it is decided you are not eligible, you will have to fund your care- either in part or in full- yourself.

You are deemed to be able to meet the cost of care if you hold over £22,000 (in Wales) or over £23,250 (in England). If you own a property this may or may not be included in the assessment depending on individual circumstances; if you are a sole owner occupier, your property will be taken into consideration.

What if I have placed my assets into Trust?

If you have already transferred assets into a life time trust, such as our Family Home Protection Trust or the Estate Protection Trust, then the value of those assets should not be included in your financial assessment.

With the cost of residential care rising to an average of £45,000 per year (in some parts of the country exceeding £60,000 per year), and with around half of Britain's 440,000 care home residents funding their own care home fees, it is now more important than ever to plan ahead for the future.

Paying for care fees

The are 3 options for funding:

1. Continuing care from the NHS dependant on physical or mental health need
2. You fund your own care
3. Local Authority funds your care
If your health needs are not assessed as at a level to require NHS funding, then you will be means tested to determine your ability to pay. The local authority will consider both the capital you own and the income you receive to determine if they should fund your care.

What types of capital are means tested?

Examples of the types of capital that can be included are as follows:

- The family home
- Cash in the bank
- Stocks and shares
- Land

Some capital may be disregarded permanently or temporarily. Such as:

- Investment bonds which are linked to life assurance
- Capital held in certain types of trust
- Personal possessions

If the financial assessment determines that you have capital over the sum of £23,250 (England) or £22,000 (Wales) then you will be required to meet the full costs of your fees. Once your assets are depleted to this level, the Local Authority will contribute to the costs of your fees.

What income will be considered?

As well as your assets, the local authority will also look at any income you receive, such as:

- Most benefits
- Trust income
- Private/Occupational pension

You'll be expected to fund £1 of income for each £250 of capital that you hold between £14,250 and £23,250 (England only)

Some income is disregarded temporarily or permanently:

- 50% of an occupational pension if the resident is paying that to their spouse/ civil partner
- £10 per week of a war widow's, war widower's or war disablement pension
- War widow's special payments

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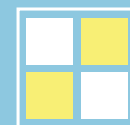
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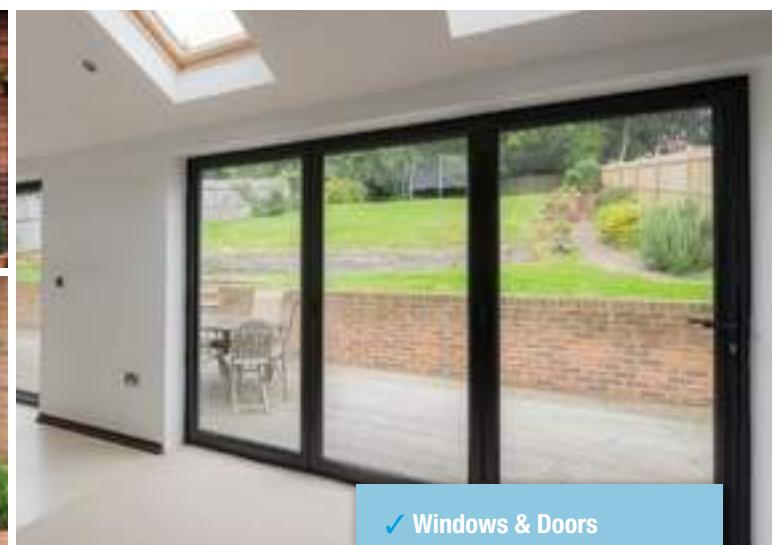
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HS2 Minister visits North Warwickshire

HS2 Minister Huw Merriman MP made good on a promise to North Warwickshire’s voice in Parliament, Craig Tracey MP to visit the area so he could see for himself the devastation being caused locally by construction works.



Since being elected in 2015, Craig has been a consistent opponent to the HS2 project and has continued to lobby Government ever since then to rethink the viability of the scheme, including with Chancellor Rt Hon Jeremy Hunt MP ahead of the last budget.

Following Mr Merriman’s appointment as HS2 Minister at the end of 2022, Craig secured the first meeting he held with MPs during which he invited him to come and see the impact on local communities and businesses.

Mr Tracey commented

“Whilst remaining fully opposed to HS2 for a great number of reasons residents are aware of and being one of only a handful of MP’s to vote against it, the reality is that Phase 2 has Royal Assent and construction has now started, so I need to ensure that HS2 Ltd are held to account and that the correct mitigation is in place.

With that in mind, I think it is so important that the Ministerial team take the opportunity to come and see firsthand the devastation it is causing to our local area. We shouldn’t forget that North Warwickshire Borough is the most affected area along the route outside of London and was deemed a “special case” as a result - HS2 Ltd need to deliver on their responsibilities and treat residents concerns with the respect that they deserve.

Huw seemed genuinely concerned by some of the reports of the experiences local people had when dealing with HS2 and reinforced the point that he sees his role very much as scrutinising their work and holding them to account as necessary.

I thank him for taking the time to come and visit us here and for his commitment to work with me in the months ahead to ensure disruption is kept to a minimum.”

During the visit, the Minister also met with local North Warwickshire Councillors, including NWBC Leader David Wright, HS2 lead Cllr Dave Reilly and County Councillor Martin Watson to hear of the challenges they have been having particularly around planning.

Finally the Minister was taken to various construction locations including Attleboro Lane, the Bromford Tunnel site and the former rugby club site in Water Orton followed by the Kingsbury Compound and then a drive along the remainder of the phase 2 route.

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HS2 and BBV drop ins

High Speed Two (HS2) is the new high-speed railway for Britain. Balfour Beatty Vinci (BBV) are the main works contractors for HS2 in the area and will be hosting drop-in events in Coleshill on the following dates:

Wednesday 22 March 2023 and Wednesday 31 May 2023

4.00pm - 7.00pm at Coleshill Town Hall, High Street, Coleshill, B46 3BG

Tuesday 4 April 2023 and Tuesday 7 June 2023,

1.00pm - 4.00pm at Community Centre, Temple Way, Coleshill, B46 1HN

Community Projects

BBV and our supply chain partners can give back through volunteering time, providing resources and capacity building through the transfer of knowledge and skills.



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Church Ukraine appeal raises £535

Ukrainians Alona and Marta Kuzmina, and Linda with her daughters Mary and Gracie, and grandmother Tetiana are pictured at a Coleshill parish church coffee morning and books and toys sale which raised a magnificent £535 for UNICEF's Ukraine appeal.

All of them are from Kyiv and now live at Coleshill Manor, which has been redeveloped to re-home refugees.

The manor is managed as shared accommodation with supportive living, to help them integrate into the local community, with schools admissions, and to find work to help support their families here and in the Ukraine.

UNICEF is a multilateral child-rights organisation established by the UN with 70 years of field-tested expertise. It works in some of the world's toughest places, reaching the furthest from help, the most disadvantaged and the most at risk.

UNICEF says 4.5 million children and women in Ukraine have been able to access primary health care.

Over 3.5 million people have been provided with access to safe drinking water and over 965,000 people have received critical water, sanitation and hygiene supplies.

UNICEF-supported mental health and psychosocial support interventions have reached over 2.2 million children and care-givers.





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Gardener's Tips for March 2023

We'll see if Spring really has sprung and warmer days are beginning this month. What is certain is that as our Earth, on its 900 tilt, rotates and circles around the sun our days will get longer this season. Warmth or not it's those shorter nights which stimulate the plants to start growing.

Among the colourful beauties of Spring the daffodils are perhaps the cheeriest. Lining hedgerows and roadsides both native varieties and 'garden escapes' can be seen in abundance.

For those with 'daffs' and narcissi in your gardens here's a tip. Once the daffodils have started to fade, remove the developing seed heads – pinch or cut off the heads: the plant will then put all its energy into replenishing itself rather than trying to reproduce.

Don't cut off any leaves or tie them into bunches. Tidiness is much overrated in Gardens these days, so even though the leaves may look a little untidy, they are doing an important job in helping the bulb underground to gain valuable reserves to help with flowering next year.

It is a good month for planting shallots and onions. If the weather turns slightly warmer you may be able to start to plant early potatoes at the end of the month. You can check the temperature of the soil by using the back of your hand or by noticing the germination of weed seeds. If weeds are germinating then the soil must be getting warmer so hoe them off and start to plant the harder salads such as radish and beetroot.

As the weather warms up, you can start to reseed any grass areas that show signs of wear, gently scuff the surface you wish to seed and if there are hollows or dips you can add compost to the seed to even out the surface. You may find you need to mow the lawn, wait for the ground to dry out a little and raise your mower blades for the first cut, you don't want to stress your turf at this time of year by giving it a short cut.

Birds are nesting now and starting to have families. It's a good idea to remove peanuts from feeders now as they can choke baby birds. If you want to feed the birds then swap the peanuts for mealworms. They are a good choice as they are packed full of protein.

March 8th is International Women's Day; a chance to celebrate the millions of women over history and across the world whose greenfingers have, and still do, keep their families fed by cultivating fruit and vegetables.

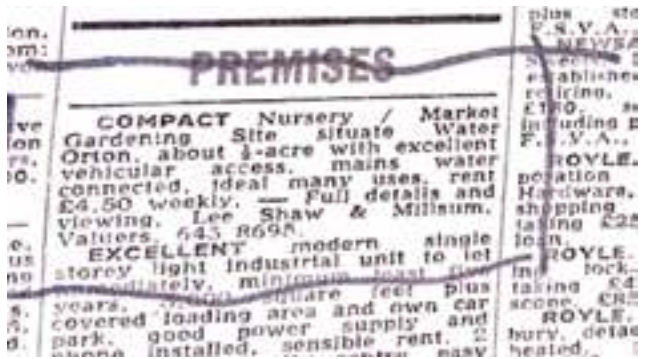
At the Historic Gardens here in Castle Bromwich the current excellent gardeners team is led by two women probably for the first time in its 350 year long history. While the practical gardening was generally open only to men, it was the aristocratic women of the Hall who we can thank for much of the development of the Gardens.

Correspondence between Lady Mary Bridgeman 1641-1713 and her cousin William Winde shows how they planned and created the parterres around the house and discussed the plants for the 'wilderness', an orchard, and grove and walks as well as for the Garden buildings.

This is the shape of the Gardens we keep now.

We must also celebrate a much later woman, Lady Ida Bridgeman, the last family occupant of the hall (1915-1936) who while not restoring the 18th century design, helped keep its shape true by replanting areas. Shrubs and trees at the time, left to grow tall and fat the gardens attained a much more 'edwardian' and wooded feel.

CELEBRATING 50 YEARS ORCHARD NURSERIES EST 1973



After taking redundancy from fishers in 1972, Orchard Nurseries founder, Ken Cole saw this advert for the Vicarage Lane site. He opened for business in February 1973.

There was one greenhouse, a couple of sheds, and a tap! In due course two further greenhouses were added, a poly tunnel and paving. In 1986 following 18 break-ins, Ken made the sad decision to close down, but after tracing the thieves ourselves and supplying details to the police, decided to carry on and look for alternate premises. In 1990 we were offered the present site, it was literally a blank canvas - a house and a field!

Work then began to move and re-erect the three cedar greenhouses and the existing stock, we were initially only allowed to sell what we grew. Raised beds were created, we swapped an old van to a caravan to use for tea breaks and storage. Planning was granted to sell more items, and in 2003 our first keder building was erected (the current

entrance/ exit) This went on to be extended to the side and rear, and a brick shop front was added in 2008. 2010 saw the farm shop open which later in 2019 had a change of use to become The Gardeners Rest Tearoom, which was further improved in 2021, and now has a front courtyard seating area and 24 indoor seats serving freshly home made cakes, freshly made sandwiches and toasties, cooked breakfasts, omelettes and more.

2017/2018 saw our old cedar greenhouses taken down, they were around 40+ years old and replaced with two modern keder buildings. 2019 and covid brought new challenges as we went in to lockdown, how do we proceed?

We had spring plant seedings arriving, using the power of social media, I placed an offer on our Facebook page and received six orders by telephone which I delivered on my way home. Within a short space of time, the phone was ringing non stop with orders for delivery.

This... continued when we were allowed to re-open, with reported queues of traffic down the road.

All the hard work enabled us to block pave the car park and later refurbish our planted area with our 50th Birthday in mind.

We came a long way in 50 years and have plans for future improvements.

A big thank you to all our customers past and present, we look forward to the next 50 years!



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1973 - 2023

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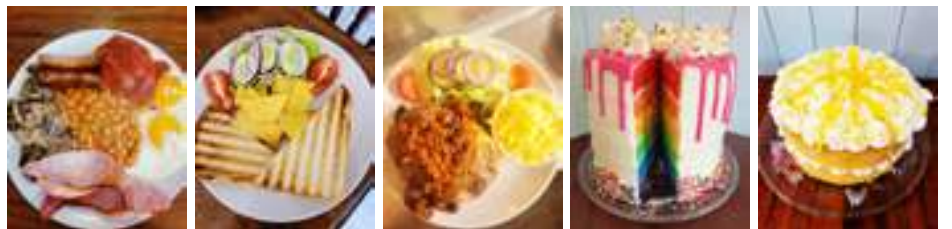
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Booking welcome, message us or call

Open currently Tuesdays 9.30 - 2pm
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Orchard Nurseries, Birmingham Road, Water Orton B46 1TG
Tel: 0121 749 7266 / 07450102855
Julie_heenan@yahoo.co.uk



Preparing for the workplace

Local and national employers have been teaming up with Year 11 students from The Coleshill School as part of the school's 'Practice Interview Day'.

Year 11 students 'dressed to impress' in smart business wear for their interview. The companies including: Sertec, NHS, Maersk, Woods Hardwix, CIPP, Balfour Beatty Vinchi, Coventry University (IT), Boden Group, CBRE, Father Hudsons Care, Taylor Root, West Atlantic Airways and Julie English Interiors conducted the interviews which students had prepared for by completing formal application forms. The 20 minute interviews were conducted just like 'the real thing' with structured questions about themselves including their predicted grades, outside interests and work experience.

For most of the students it was their first interview and a really important and valuable learning experience for

them. Feedback from the potential employers was really positive, including:

- "Very polite and driven group of students, the school should be very proud of them"
- "A really well run and relevant event"
- Very enjoyable, students were very impressive"

Eileen Bishop, Careers Lead for the school commented "We are truly committed to equipping our students with the skills they will need to ensure a bright future awaits them. Our students really benefit from taking part in the interviews, especially with such a crucial life changing time ahead. They took feedback and considered this to support them with their future endeavours. We would like to thank all the companies and their representatives for taking part and we look forward to welcoming them back to school in the future.



Hazelnut spreads the word

Open the Book (OtB) offers primary school children an opportunity to hear key Bible stories told by a team of Christians from local churches, who present the stories during assemblies or acts of collective worship. Each presentation takes around 10–15 minutes and can be incorporated into a wider school assembly, or can stand alone.

Children enjoy it, often clamouring for a role. When pharaoh relented after several plagues, pupils at Coleshill CofE primary school made crossing the Red Sea (old blue duvet covers dividing the hall in two, actually) a doddle. Children either side grabbed some cloth and pulled, then threw the sea back as the pursuing Egyptian army got halfway across the hall. Cue laughter.

Pictured is the team which told the story of Moses in the bullrushes. Top left is The Squirrel With No Name which has been making unscripted appearances lately. Rather than OtB members having a hand in it, the children were asked to give it a name.



The first out of the hat? Meet Hazelnut.

Amazing how time flies, isn't it? One week you're a baby in a basket floating peacefully on an Egyptian river, the next you're a grown up Moses pleading with a pharaoh to let my people go.

But that's life as an Open The Book team member.

Crufts 2023



2022 Best in Show Credit Anna Szabo

Crufts, the world's greatest celebration of dogs run by The Kennel Club, is returning once again from the 9 – 12 March where thousands of wagging tails will take over the NEC in Birmingham for four action-packed days.

This year, over 23,000 dogs of all shapes and sizes have entered into the variety of competitions that take place on the famous green carpet. Visitors can explore 25 acres of the NEC to see the impressive leaping and weaving of agility, cheer on the fast-paced flyball, be mesmerised by the impressive Heelwork to Music routines and much more.

More than 200 breeds will be taking to the rings in a hope to make it to the prestigious Best in Show final on the Sunday evening. From the familiar family favourite, the Labrador Retriever, which this year had the largest entry with 537, to the much lesser-known Vulnerable Breeds, such as the Otterhound.

Show-goers have the opportunity to follow the Best in Show journey beginning with the Gundog group on Thursday 9 March, Working and Pastoral groups on Friday 10 March, Terrier and Hound groups on Saturday 11 March and Utility and Toy groups on the final day, Sunday 12 March.

This year, to mark the 150th anniversary of the organisers of Crufts, there is a special Kennel Club 150th Anniversary Celebration Stakes. Taking place on Thursday, ten dogs who have earned Best in Show in all-breed Championship shows earlier in 2022, will be vying for this unique title in the main arena.

The event will also be showcasing some very special four-legged friends through the family-favourite crossbreed competition, Scruffts, and the prestigious Hero Dog Award, with the winner, decided by public vote, announced in the main arena on Sunday 12 March.

For those passionate about becoming a dog owner themselves, there will be over 200 breeds represented in the Discover Dogs area, where current and prospective owners can meet and greet the dogs and learn more from breed experts on how to best take care of any four-legged friends.

Elsewhere, over 300 shopping stands and information booths offer an opportunity to learn more about other Kennel Club activities, including work that is done into canine health. Kennel Club Breed Rescue organisations will be showcasing their hard work and successes in rehoming breed rescue dogs on The Kennel Club stand, where visitors can find out about rescue dogs looking for their forever home.

Vanessa McAlpine, Events Executive at The Kennel Club, which organises Crufts, said: "We are so excited Crufts is coming around again! This year is particularly special for The Kennel Club as we celebrate our 150th anniversary.

"The four-days are always action-packed and the energy keeps building in the anticipation of the Sunday evening where The Kennel Club Hero Dog Award winner is announced and the prestigious Best in Show trophy is awarded. It truly is the greatest celebration of dogs."

More information on what to expect from this year's event and tickets are available at crufts.org.uk.



Agility at Crufts 2022 Credit Yulia Titovets



Scruffts 2022 winner Credit flick.digital



Hero Dog winner 2022 Credit flick.digital



Hero Dog 2022 Finalists Credit Flick.digital

Ticket Competition

We have five pairs of tickets to give away to our lucky readers, to enter the competition answer the following question:

Which breed was the first to win Best in Show at Crufts in 1928?

- A) Labrador Retriever (wrong)
- B) Cocker Spaniel (Wrong)
- C) Greyhound (Correct)

Email answers to editor.postgroup@outlook.com by Sunday 5 March.

Terms & Conditions: Each ticket is valid for any one day of Crufts between 9th and 12th March 2023. This ticket does not include access to Best in Show or any separately ticketed events. Please note that unfortunately no dogs other than those that have been invited by The Kennel Club and/or Assistance Dogs are permitted into the show.



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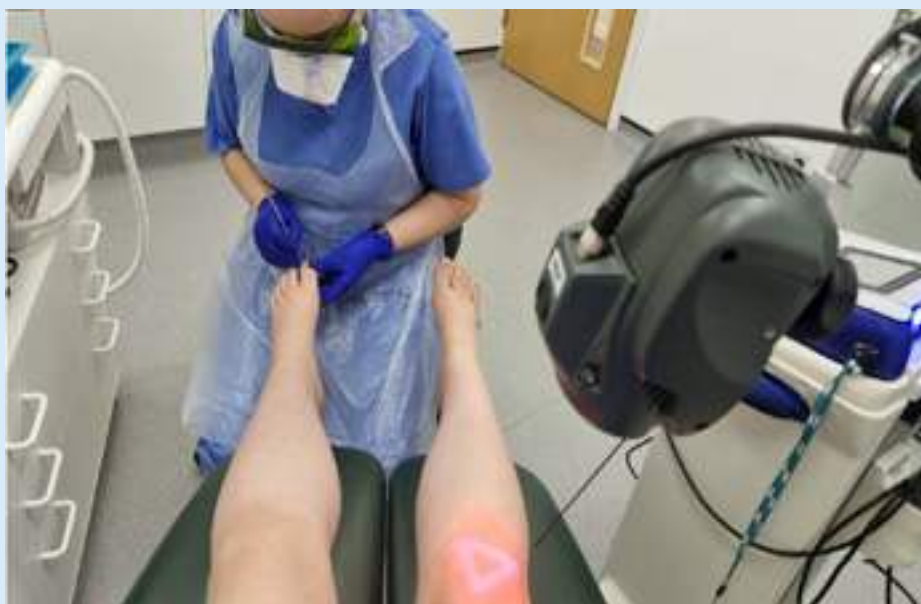
Spring into action- Feet First!

As the Spring approaches and the weather begins to change, we often find ourselves becoming more active. This increased activity can sometimes lead to aches, pains and niggles in our feet, ankles, knees and hips. You may not be aware but our laser machine is able to improve this pain, aid with tissue repair and get you active again without having to rely solely on pain relief medications.

Our laser machine works in two different ways. The first is by slowly down the message of pain from the area to the brain reducing the amount of pain that you feel. Secondly, this helps to open and widen the blood vessels. This encourages blood flow rich in oxygen and nutrients to the area. These are crucial for tissue repair and healing so aid in speeding up the recovery of the areas that are painful. The widening of the blood vessels will also allow waste products and inflammatory cells to be flushed out of the area allowing for tissue repair.

Laser is completely pain free so you can sit back and relax while we complete the treatment. The only thing we need is to be able to have direct access to the area that is painful so this may mean wearing loose fitting clothes or taking some items off. You will also need to wear some very fashionable goggles to protect your eyes from your laser! You can see these in the picture below.

Depending on the area that is painful we can sometimes treat an area with laser at the same time as completing your routine treatment. You can see our Podiatrist Sam doing this in the picture below.



If you feel laser is something you may benefit from to get you active again, then you can call us on 0121 749 6313 to book in for a laser appointment with one of our Podiatrists who can advise you if you are suitable.

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**Sunday 6.00 pm
Coleshill Town Hall
High Street
Coleshill B46 3BG**

We have various Bible study and prayer groups during the week as well as a Craft Club at Victory Hall.

Or join us at **The Filling Station at Knowle Village Hall**, St John's Close Knowle B93 0NH on the first Monday of each month for a joint worship meeting with various church denominations around the area.

For more details see our website on: www.mclifechurch.com

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Closure of Coleshill Books Revisited Shop

It is with sadness that we announce, after more than 10 years of trading, the Mary Ann Books Revisited shop in Coleshill will be closing on 1st April 2023.

Despite the very best efforts of our wonderful staff and volunteers Books Revisited is no longer financially viable in its current location. As a charity, we must always be mindful of our retail activities and ensure income streams are profitable.

Elizabeth Hancock, CEO, said: "It is with a heavy heart that we have taken the decision to close Books Revisited. It is a shop with real character that has been very well supported by the Coleshill community over the last 10 years. Without the support of our volunteers, many of whom have supported us since the shop opened in May 2012, Books Revisited would not have been able to provide their valuable contribution to funding Mary Ann's hospice services."

She went on to add: "We were fortunate that all of the Mary Ann shops were able to re-open following the COVID-19 lockdowns. Many charities were not so fortunate and significant numbers of high street charity shops closed. Unfortunately, increasing utility bills and the ongoing maintenance required for the upkeep of the building have eaten away at any profitable breathing space we did have."

Kim Evans, Shop Manager said: "While the decision to close is disappointing, over the years, Books Revisited has made huge contributions to the costs of hospice services and as a team, we are very proud of that. Without the donations, customers and our volunteers, none of it would have been possible. We have been pleased to be part of the Coleshill community and will miss the strong relationships we have formed over the years."

As well as the income that Books Revisited has raised, the presence on Coleshill High Street has raised the profile of Mary Ann Evans Hospice and increased the awareness of the palliative care and bereavement services we provide. The shop has given many in the local community the opportunity to volunteer and support their local hospice charity.

The final day of trading for Books Revisited will be Saturday 1st April 2023 and to help them close on a high, there will be a full stock sale starting on February 25th until the doors close on 1st April. We welcome you into the shop to grab a bargain and say farewell to shop staff and volunteers.

Regrettably, from 25th February, Books Revisited will no longer be able to accept donations, however, our other shops will gladly take any donations you would like to make.

Other Mary Ann shops can be found:

- Chamberlain Walk, Coleshill B46 3BZ
- King Street, Bedworth CV12 8HY
- Nuneaton, Harefield Road CV11 4HH
- Judkins Recycling Centre, Tuttle Hill, CV10 0HR
- Homestore, Weddington Terrace, CV10 0AG
- Long Street, Atherstone, CV9 1AZ
- Trinity Street, Coventry, CV1 1FJ

The closure of Books Revisited will not affect the charity's service delivery and as always, we are looking for volunteers to support our existing shops and services. If you are interested, please visit one of our shops, email maehenquiries@geh.nhs.uk or call us on 02476 865440.

Mary Ann's Board of Trustees, Leadership Team and staff would like to thank everyone who has supported Books Revisited over the years and invites anyone who would like to stay involved to get in touch.

You can continue to support Mary Ann's palliative care and bereavement support services across Northern Warwickshire by donating online today.

Closure of Books Revisited, Coleshill - Mary Ann Evans Hospice

<https://www.maryannevans.org.uk/closure-books-revisited-coleshill/>

What will happen to the books?

We will be launching our biggest ever book sale on 25th February to lead us into our final Books Revisited celebration of World Book Day on Thursday 2nd March.

Our books will be sold online, re-distributed to our 7 other shops and donated to local schools and libraries. Any remaining books will be recycled if their condition makes them unsaleable. None of our books will go to landfill.

Possible last chance to save our beloved Books Revisited



As you may have heard a difficult decision has been made by Mary Ann Evans Hospice to, close Books Revisited in Coleshill on 1st April 2023. The main reason being down to the costly repair work needed. The hospice shops are essentially there to raise vital income for patient services not take from them, which would become the case, due to the rented shop having a full repairing lease. Therefore we, the volunteers have set up a Crowd Funding page in order to try and raise the £30,000 needed. Details of this can be found on Facebook through the B46 pages, we can also accept donations through the shop, in an envelope including your name and contact details so that the money can be returned if the target isn't reached. Please if you are able, give what you can, it all adds up. We only have until 1st April to raise the funds. If you have any other ideas on how you could support us, whether it be financially or through labour and/or materials then please get in touch with one of the team at the shop. We, as a community would stand to lose so much from Books Revisited closing and many have been asking what they can do to help to keep the bookshop going and this is why...

Books revisited is more than just another shop.

- We raise vital funds for Mary Ann Evans Hospice, providing services for free to those living with life limiting illnesses and their families, caring for people in their own homes, including a 24hr on call Rapid Response Team supporting those within Northern Warwickshire. We also have a Family Support Service that offers bereavement counselling and other support to both adults and children across the country.
- We are at the heart of the community. We have helped people to form friendships, links, and a community spirit. We host a thriving book club once a month which brings people together. Other voluntary groups have started up through volunteers at Books Revisited like Scouts for one, with whom we have a good working relationship. It was purely by chance that a leader from another district came into the shop and mentioned to us about the potential for having a group in Coleshill and it stemmed from there, thus establishing links and strengthening the community with enriching activities.
- Provide a service and a warm place to visit to our local community selling a variety of donated goods as well as books at low-cost prices, ensuring that reading is accessible to all for enjoyment and/or educational purposes. It is true the town has a much needed library. However, the last 10 years or more have proven a great need for us both.
- The shop has given many of us in the local community the opportunity to volunteer and support our local hospice charity. Through volunteering at Books Revisited we have supported many in returning to work by helping to build confidence and essential skills.
- We are GREEN! Reusing, recycling and sustainability are at the heart of us. We ensure that no book ends up in landfill by selling our damaged/surplus stock to a specialist recycling centre, that not only sends stock to third world countries, but they also pulp them to be reused. Recycling paper uses 70% less energy and water than creating new paper from trees. Due to the way in which books are bound not all are

able to be recycled by normal means, meaning they could end up in landfill.

The hospice raises funds for patient care, but we as volunteers know that the bookshop has much more to offer the community in a variety of ways. Therefore, we are seeking any funding opportunities specifically available to help with repairs, without taking funds away from patient care. The building is Grade 2 listed and resides in a conservation area so there are certain standards which need to be adhered to, increasing the cost further. The funding needed is mostly to repair and replace the windows and frames across all three floors.

Sadly, there are no other properties of this size to rent in Coleshill nor any that would lend to our needs, in order to house the many donations that we so gratefully receive. If you have visited, then you will know it really is a gem but, as it is an old building, it understandably needs essential maintenance.

We think the repair work would also benefit the town of Coleshill as it is a heritage building and its appearance brings value to the overall aesthetic of the town. It is important to maintain the history for future generations. Keeping Coleshill looking every bit the old coaching town is essential. The 'old library' is proof of that, with it being lovingly restored to its former glory - even attracting enough interest for a TV programme. We have a beautifully historic town and it's vital we do all we can to keep it that way.

SAVE OUR SHOP, SAVE OUR HIGH STREET! The shops, cafes and restaurants are essential in helping to combat loneliness and support the wellbeing of our community. Your support is so gratefully received.

COLESHILL CIVIC SOCIETY

Springfield House to Packington Lane

By John Hoyle



A section of Coventry Road which in fact until you reach Packington Lane very little has changed.

Just after the entrance to Springfields is a row of houses known as the Oddfellows. The Oddfellows is, very simply, a self help group which I understand is more common in the north of England. On the same side of the road on the way out of Coleshill is the George and Dragon



Just after the inn there used to be a small general store. It was initially owned by J Willis but then passed to a Beatie Robins who owned it until demolished to make way for improvements.



A feature of this area is Pound Cottage, a thatched cottage which has now been renovated and looks splendid. The name indicates that there once was a pound in this area but all visible evidence has long since vanished. This area was known years ago as Heath End, the end of Coleshill Heath and the start of Coleshill Town. The large oak tree was known as Pinfold Oak



No 73 Coventry Road was the Old White Horse Inn. Almost opposite the George and Dragon. It was owned by St Gerrards and demolished to form part of Brendan Close. Please send to either myself via the Post or to Colin Lewis at House and Home on the High Street any comments on this article.



The first 2 photos of the George and Dragon show that the building was moved from the roadside back to its current position leaving a good distance between it and the road. I am not sure about the date of the meal or the occasion but I suspect it to be a national celebration.

Police News



All your latest news and information from the Warwickshire Police Local Policing Team for North Warwickshire South (Coleshill) and West (Water Orton/Curdworth)



Follow us on Facebook, search for: Atherstone & Coleshill Safer Neighbourhood Team or scan the QR code here.



Parking Patrols Water Orton

On Saturday 28th January, Officers from Coleshill SNT conducted parking patrols at The Water Orton shops.

PCSO Smith from Coleshill SNT conducted parking patrols at Water Orton shops.

Several drivers were spoken to and given an education on how to park safely. Businesses were also spoken to as they have a responsibility to advise their customers to park safely.

3 tickets have been issued. The penalty for parking on white zig zag lines is 3 points & £100 fine.

There is parking nearby where you can park FREE for 2 HOURS.



Priorities

Atherstone and Coleshill SNT are community-based officers. We want to know what our communities would like to see us prioritising.

If you would like to raise a priority with us, click on the link and fill out the form:

<https://forms.office.com/Pages/DesignPageV2.aspx>

or scan the QR code and fill in the boxes for it to be considered.



OP COMBAT

different forces conducted a vehicle crime operation covering three counties.

Officers from Atherstone & Coleshill Police, Rural Crime, OPU & The Special Constabulary joined forces with West Midlands & Staffordshire Police for a joint Vehicle Crime Operation. The Op saw over 30 officers working through the night to tackle the ongoing issue on ourselves and the surrounding areas. Utilising marked and unmarked vehicles we targeted hotspot areas to deter and prevent offences, visited known offenders and conducted curfew and bail checks.

Here are a few of the results from

last night,

- 89 Vehicle PNC checks
- 26 Person/Driving Licence checks
- 3 Vehicle seizures
- 9 Stop Searches
- 2 Arrests for Theft of Motor Vehicle
- 1 Stolen Motorbike recovered
- 4 Fail to Stops
- 2 Road Traffic Collisions dealt with
- Over 10 Emergency incidents attended
- Traffic Offence Reports Submitted

We will continue to work closely with our neighbouring forces to tackle these issues and target those who commit crime within Warwickshire.

Emergency appeal launched to help vulnerable children in Syria



Mary's Meals is helping communities affected by this week's devastating earthquakes

Mary's Meals has launched an emergency appeal to deliver much-needed food aid to children in Syria, following two earthquakes on Monday, 6 February.

The international charity has been working in the city of Aleppo since 2017. With its local partner Dorcas, it usually serves nutritious meals to children at school – many of whom are experiencing trauma caused by more than a decade of civil war.

Daniel Adams, executive director of Mary's Meals, says: "The updates we are receiving from our partner on the ground are simply heart-breaking. After more than a decade of civil war, Syria has been plunged into this new crisis. Many people have lost their loved ones and their homes, and they have very little access to food and shelter. They now face yet another a fight for survival.

"Conditions in and around Aleppo are very difficult – roads are damaged, and our partner organisation has seen heavy damage to its buildings. Despite these challenges, we are already reaching many children with essential food supplies."

Mary's Meals serves school meals in some of the world's poorest countries. The promise of food attracts hungry children into the classroom, giving them the energy to learn and hope for a better future.

In addition to this important work, the charity has a track record of providing effective, expert support through emergencies – including delivering food aid to thousands of people affected by Ebola in Liberia and supporting communities impacted by the earthquake in Haiti in 2021.

Daniel continues: "With our partner, we are working around the clock to feed hungry children in Aleppo. But there's so much more we can do to help the communities that have been devastated by these earthquakes – and we stand ready to expand our emergency response as funds allow.

"Time and time again, we have seen people across the UK give generously to help those facing desperate and frightening situations. I urge you to give what you can today – no donation is too small – so that we can bring hope to the people of Aleppo."

To find out more about the Mary's Meals Syria Earthquake Appeal, please visit marysmeals.org.uk/campaigns/syria

Contact Information

Scott Paterson

07954219826

scott.paterson@marysmeals.org

£2 bus fare cap to be extended and bus services protected with new funding

- **Bus fare cap to be extended for three months, backed by up to £75 million to help passengers save money and Get Around for £2**
- **Government also confirms up to £80 million to continue support for critical bus services around England**
- **Lifeline funding takes total to more than £2 billion since March 2020**

Millions of passengers across England will benefit from £155 million Government support to cap bus fares at £2, maintain services and ensure people can travel affordably.

The Transport Secretary today (17 February 2023) confirmed £80 million from 1 April to 30 June to protect vital bus services people rely on for work, education, medical appointments and shopping.

The Government has also announced plans to provide up to £75 million so that bus operators can continue to cap single bus fares outside of London at £2 until the end of June, saving passengers money and encouraging more people back on the bus. With the average single local bus ticket costing £2.80, passengers can save almost a third of the ticket price. Bus operators which are continuing the £2 fare cap scheme will be confirmed in due course.

During the pandemic, bus usage dropped as low as 10% of pre-pandemic levels, and the Government has provided unprecedented financial support totaling more than £2 billion since March 2020.

With bus patronage still at around 85-90% of pre-Covid levels, there are a number of ongoing challenges for bus operators. The Government is working closely with the sector on the challenges they face with changing travel patterns since the pandemic and will continue to work on delivering the National Bus Strategy.

The Government's existing £60 million investment to cap single bus fares has already shown early signs of increased bus use, with an independent survey of 1,000 people from passenger watchdog Transport Focus showing 7% of people saying they are using the bus more. During these difficult economic times, these trends already indicate that the Government's support to cap fares is a welcome intervention, helping families, commuters and all passengers to ease with the cost of living.

Prime Minister Rishi Sunak said:

"I want to make bus travel affordable for all, that's why we're continuing to cap fares at £2 and protecting local routes, ensuring we have a modern and efficient network that's accessible for everyone."

"Getting more people onto reliable and affordable buses will strengthen communities and help grow the economy – connecting people to jobs, driving pensioners to see friends and family, and helping people attend medical appointments or access education."

"I'm determined to ensure that no matter where you live, you have the same opportunities to get around easily and can feel pride in your local area – which is why protecting our local bus services is so important."

Transport Secretary Mark Harper said:

"Travelling by bus remains the most popular option for commuters and families across the country, but the sector is still trying to recover after the end of the pandemic."

"We're providing £155 million to help passengers save money on fares, get more people on the bus and protect vital bus routes – helping with the cost of living and enabling people to get where they need to in an affordable and convenient way."

The recovery grant support comes in addition to Government investment of £3 billion in bus services by 2025, including over £1 billion to improve fares, services and infrastructure.

In 2021, the Government published the National Bus Strategy, and asked all English Local Transport Authorities outside London to publish their Bus Service Improvement Plans (BSIPs) setting out local visions for the step-change in bus services that is needed, driven by what passengers and would-be passengers want.

Since then, over £1 billion has been awarded to 34 counties, city regions and unitary authorities to deliver service improvements, bus priority and ambitious fares initiatives. In addition £5.7 billion investment has been provided to eight mayoral combined authorities in England to support integrated, cross-modal transport networks over the next five years through the City Region Sustainable Transport Settlement (CRSTS), including supporting bus infrastructure.

The Friendship Project for Children appoints new Area Coordinator for Nuneaton, Bedworth and North Warwickshire



Hannah Peattie

Hannah Peattie joined the Friendship Project for Children in January 2023 as the new Area Coordinator for the north of the county. Established in 1986, the charity has supported over 1500 children across Warwickshire who have needed some extra support, and continue to fulfil the growing demand for their service.

Hannah brings with her a wealth of experience in supporting families facing a variety of challenges. She has done lots of volunteering work and has 4 children of her

own. She is originally from Eastbourne on the south coast, but she waved goodbye to the seaside and ventured to the Midlands 4 years ago, where she and her family are now settled in Nuneaton.

Hannah says, "I love working with children and families and I know how vital a charity like the Friendship Project is to change lives and give much needed support to those involved."

The Friendship Project supports children who are in need for a variety of reasons. They might be caring for a sick parent or limited to what activities they can do because of a disabled sibling or family member. Having time away from a sometimes-difficult home situation really can boost a child's self-esteem. We match children and young people with volunteers for friendship and fun so that they can enjoy some quality one-to-one time together.

Our volunteers are called 'Older Friends' and they take out their 'Younger Friend' for a couple of hours once a week. Our volunteers tell us that they also enjoy the outings with their Younger Friends, watching their confidence grow and knowing that they are really making a difference to the child's life.

Cheryll Rawbone, chairman at the Friendship Project comments: "We are delighted to have Hannah on board, and bring her enthusiasm to the team. Our referrals, all from social services, are increasing so the strength Hannah will add to the team will allow us to grow our support."

The Friendship Project is an amazing charity and we have a fantastic team of staff and volunteers. We are currently supporting 75 children throughout the whole of Warwickshire but with your help, we could support even more young people.

We are always on the lookout for more volunteers so if you are interested in finding out more, please visit: www.friendshipproject.co.uk @FriendshipProj or call 0845 838 2098

Our volunteers must live in or near Warwickshire, enjoy being with children, be over 18 years old and be a car owner.



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Motoring down memory lane: rare machine arrives at Black Country Living Museum



A 1959 DKR Defiant scooter, manufactured by the now defunct Wolverhampton-based automotive manufacturer DKR, has been acquired by the Museum and is now on display, helping to keep this little-known story of automotive history alive.

Relatively affordable, reliable and convenient to use, scooters became a popular means of transport during the 1950s and 60s. Retailing at £188 1s 3d (approximately £4,488) when new, the DKR Defiant was a Black Country-built machine that aimed to capture a share of this market.

Established in 1957, DKR took its initials from the three founders of the company: Barry Day, Cyril Kieft and Noah Robinson. Many of the scooter parts, including the body panels, were made locally by the Willenhall Motor Radiator Company, with the machine itself assembled in workshops at Pendeford Airport, Wolverhampton.

Powered by a 197cc fan-cooled Villiers two-stroke engine and a four-speed gearbox, the scooter could reach a respectable top cruising speed of around 60mph. The Defiant had a rather unusual styling, with the large front fairing offering good weather protection for the rider. Another unusual design feature was a storage locker, with a drop-down lid that converted into a small picnic tray for meals or drinks on the go.

Commenting on the acquisition, the Museum's Transport Manager, Tim Shields, said: "The DKR Defiant is a rare example of a Black Country-built scooter, of which few survive. This stylish, high quality and well-engineered machine fills an important gap in our collection. Not only were they a user-friendly means of transport, but scooters also came to symbolise Mod culture and youth fashion.

"This is a theme we will be exploring as part of our new development. Our 1940s-60s high street, due to open later this year, will give us the opportunity to share these stories."

Although DKR launched several models of scooter, production ceased in 1966. This was largely due to falling sales and increased competition from foreign manufacturers, such as the Italian-built Vespa and Lambretta, which eventually came to dominate the market throughout Europe.

Visitors will be able to take a look at the DKR Defiant alongside the rest of the Museum's transport collection, which also includes motorcycles by Black Country manufacturers, a 1924 Guy-Morris fire engine and several buses and trolleybuses.

Crafters Corner.

Pop up Easter Cards

Hi Everyone, its Tamsin from The Little Dress Boutique, I hope all the children are settling in at school okay and families are well.

This is a great activity for the kids this easter. Older ones may be okay following the instructions and younger ones will need a little help.

Pop up Easter Cards:

- You will need:
- Paper/card
- Colouring pens/pencils
- Ruler (optional)
- Pencil
- Scissors
- Eraser (optional)

1 In portrait position, fold the paper/card in half top to bottom, matching up the corners.

2 Fold in half again , left to right , matching up the corners and you will see the card shape emerge.

3 Open the 'card' and with a ruler (optional) , draw a line down the middle of the inside (along the crease) with the pencil. This is to show the inside of the card and you can use the eraser to rub it out later if you like.

4 Open out the paper/card back to the A4 shape in landscape keeping the drawn line facing up.

5 Fold the paper/card in half , bottom to top

6 Mark a point half way along the drawn line (which is on the inside along the crease).

7 Draw another line that goes roughly a quarter of the way upwards .

8 Cut that line with the scissors

9 Fold into two flaps, one forming a triangle on the right, the other on the left and then pop the flaps back down

10 Turn it over and fold the flaps in the same way, returning to the centre after making the folds

11 Open to A4 size again,

12 Remake the card shape with the inside line on the inside.

13 Lift out the flaps gently and begin too close the card enabling you to add more fold lines to the 'mouth'. When the card is folded, press down to put pressure on the folds.

14 Open up the card and your mouth will be in the centre ready for you to draw your picture around it - don't forget to colour in the mouth.

15 You can always cut around the pictures and glue the inside and outside together.

Dont forget to tag the boutique and newspaper on social media if you would like to share your cards.

F a c e b o o k :
@Thelittledressboutiquedesigns
and @postgroupmidlands

Have fun!
lots of love,
Tamsin xx



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New professional framework launched could help boost cancer workforce



A new professional framework has been launched as part of the UK-wide Aspirant Cancer Career and Education Development programme (ACCEND).

Developed by Health Education England in partnership with Skills for Health, the framework provides a common language to support transformational reform in the education, training and career pathways of cancer support workers, nurses and AHP's.

The framework lays out seven levels of practice from supportive, assistive, pre-registration and registration through to enhanced, advanced and consultant, supporting practitioners at all levels of the career pathway to develop the core knowledge, skills and behaviours to care for people affected by cancer.

Speaking about the ACCEND programme

Professor Mark Radford CBE, Chief Nurse, Health Education England said

“Cancer is a complex and significant disease that affects 1 in 2 of us during our lifetimes. As scientific and technological innovations continue to improve our abilities to fight this challenging disease, it can become just as complex to ensure our cancer workforce is prepared for such rapid changes and advancements in the diagnosis, treatment, and management of cancer care.

“The ACCEND programme will support our cancer nurses and AHPs to stay fit for the future with a national framework of education pathways to help our staff to improve and expand their cancer services.

“The competences outline how nurses caring for adults living with and beyond cancer, can enhance their knowledge and skills and if they so wish, advance in a career in cancer nursing. It is aspirant in encouraging nurses to reach their best potential whether they are working in a supportive, assisted, or registered nursing role. It guides the core capabilities needed to nurse for people living with and beyond cancer at any point on their pathway without specifying the type of role required.”

Claire Taylor, Chief Nursing Officer at Macmillan comments:

“The framework comes at a particularly critical time for the UK nursing workforce; as we cope with increased waiting times and cancer backlogs. This framework inspires us to look forward and consider how we can develop ourselves and those around us. This is so important for both our professional development and our profession.

“It should be used alongside other professional frameworks, guidelines and standards published. It is easy to navigate and should be the ‘go to’ for all nurses who support people with cancer. I truly believe that ACCEND has the potential to be transformative in cancer nursing careers.”

The framework has also been endorsed by the Royal College of Nursing and United Kingdom Oncology Nursing Society (UKONS).

UKONS President Mark Foulkes said:

“UKONS would like to express their support for this capability framework specifically, and for the ACCEND programme more broadly. This important publication is the first step in providing all allied health professionals working with, and caring for, people with a cancer diagnosis with a single, clear educational framework.

“The absence of such a structure has been keenly felt and many of us on the UKONS board, UKONS champions and our members have been involved in the ACCEND programme which has this capability framework at its heart.

“Instead of sitting on a shelf, we believe this framework will be used widely and has been devised and structured to link with a wide range of resources which will guide and assist allied health professionals working within oncology from pre-registration through to consultant-level practitioners and strategic leaders.”

Nikki Morris, Chair of the Royal College of Nursing Cancer and Breast Care Forum adds:

“This framework is an essential resource for nurses to be in a position to provide the very best care today whilst also preparing the workforce to provide outstanding care in the future.

Knowledge and skillset lie at the core of providing all aspects of cancer care. This framework provides agreed descriptors, capabilities and career pathways to give uniformity and guidance to individual nurses, organisations and the general public.

“The framework reflects the breadth of the modern cancer team and the requirements at each level of practice. The format is informative and easy to follow.

“We are proud to have been part of the team who have worked on this resource and are delighted at the reception that it has received particularly with those who have needed it the most - nurses.”

To download and view the Aspirant Cancer Career and Education Development (ACCEND) framework: <https://www.hee.nhs.uk/our-work/cancer-diagnostics/aspirant-cancer-career-education-development-programme/accend-cancer-career-framework>

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Hello from your local Slimming World groups



January and now February have passed so quickly, Valentines, half term school holidays amongst other things. Looking ahead, we have Easter on the horizon probably along with thoughts of spring and even summer holidays ahead. Often the time we want to feel and look our best. If you're thinking about joining a Slimming World group, you might be wondering what to expect when you first walk through those doors. Rest assured that a Slimming World group is the best place to learn more about yourself as a slimmer and achieve the weight loss you'd love. So, this month we thought we'd 'walk' you through what it's like to join us. Read on to discover the wonderful things your group has in store for you.

Wishing you a happy and healthy month ahead...

Toni x (07971 686 698)

Group is where the magic happens!



Where can I find a Slimming World group?

The short answer: everywhere! There are hundreds of Slimming World groups across the UK so you're sure to find one that's held at a time and place to suit you.

You can search out all of our local groups on our website, where you'll also find the contact details for your local Consultant – they'll be happy to chat if you have any questions before you go along.

Once you're a Slimming World member, you can attend any of our groups. So no matter where you are, you'll have access to our unbeatable slimming support.

Can I just turn up to a Slimming World Group?

Absolutely. There's no need to book a place or ring ahead, and you're sure to receive a really warm welcome by your Consultant and the other members.

What happens at my first group session?

We know you might be feeling nervous – lots of our members felt the same before they joined. There's no need to worry, though. Whichever group you choose, you'll be greeted by kind, non-judgemental people who want you to succeed.

During your first half hour, the Consultant will talk you through how our Food Optimising eating plan works and give you your super-charged member pack – it's filled with everything you need to enjoy a fantastic first week.

Then, you'll be invited to take a seat with the other members for the most important part of our group sessions... IMAGE Therapy.

What is IMAGE Therapy?

We know that losing weight isn't always plain sailing. It takes real effort to change the habits of a lifetime, and it's so much easier with the right support. As experts in the psychology of weight loss, we'll help you make those changes and introduce healthy habits in a way that's personalised and sustainable.

We do that in IMAGE Therapy (which stands for Individual Motivation and Group Experience). Each week, the group will share ideas, recipes, experiences and strategies to help you keep your motivation sky-high as you build on your knowledge of Food Optimising and our Body Magic activity programme.

IMAGE Therapy is also where you'll begin to understand yourself as a slimmer and uncover the deeper psychological barriers to your success. Your Consultant has a set of powerful motivational tools to help you overcome any challenge you come across, and your friends in group will be rooting for you every step of the way.

What happens at weigh-in? How often do you get weighed?

To help us give you the very best support to achieve your dream weight, it's important for you to weigh in. Don't worry, your weight will never be announced to the group – only how much you've lost. Your weight is – and always will be – completely confidential.

At the end of your first group session, your Consultant will invite you to privately step on the scales and set your target weight. For each week that follows, you'll weigh in at the same time as the other members in group – it's a fantastic opportunity to chat about your week, swap recipes and ideas and support each other.

Do I have to stay at group every week?

No, but we really hope you do. Image Therapy makes all the difference to your success. We Know that members who attend group regularly lose more weight – and the more group sessions they stay to, the more weight they lose!

"The sense of belonging our members experience within our groups helps to lift them out of the loneliness and isolation they tell us they feel, to shed any burden of guilt and shame they carry as a result of the way they believe they're often treated in society, and to make them feel more valued.

We believe this feeling of being part of something and knowing that others genuinely care about your success is as important as our healthy eating plan when it comes to successful weight loss, as it's what helps to keep members coming back to group to get the support they need on those weeks when their commitment might falter.

As their self-esteem and self-belief grows, which we find happens in our groups within just a few weeks, they feel safe enough to open up and do the deeper thinking needed to break ingrained habits and make changes. What's more, they also have more confidence in their ability to adopt the new healthy, life-changing habits that the group supports them to build, and that makes losing weight easier and more successful in the long run."

How long is a Slimming World group session?

Your first group will last about an hour, so that we can set up your membership and make sure you have everything you need to get started. After that, each group will typically last about 40 minutes – and what an action-packed 40 minutes it is!

Each week your Consultant and friends in group will celebrate every weight loss milestone and activity achievement with awards, crown a slimmer of the week (awarded to the member who's lost the most weight that week), and one lucky member will go home with a hamper full of delicious Free Food. And we've not even mentioned our regular competitions and taster sessions.

How much is it to join Slimming World?

You'll pay a one-off group membership fee of £5 and the weekly group fee is £5.95 (£5.65 Seniors). We're also the only weight loss group to offer a money-back guarantee, so if you don't lose weight during your first four weeks of group membership, we'll give you your money back.

We also have lots of special offers to help you save money – you can find the latest deals on our website or by contacting one of our consultants

Whatever your lifestyle, Slimming World will help you lose weight in a way that works for you. And we promise to get you off to a great slimming start!

*Standard membership fee is £5 and weekly group fee is £5.95. All prices shown are recommended retail prices. At participating groups.



Slimming World taste the *freedom*

Contact your local Slimming World Consultant
and join a warm and friendly group today!

Monday

Castle Brom - The Baptist Church, 5.30 & 7.00pm Claire - 07917867577
Tile Cross - St Peters Church, 5.30 & 7.00pm Nataley 07939 949136
Yardley - St Edburghas Church Hall, 9.00am, 3.30 & 5.30pm Julie 07530 552653

Tuesday

Coleshill - The Catholic Church (sacred Heart & St Teresa)
 3.30pm, 5.00pm & 6.30pm Toni 07971686698
Kingshurst - Seeds Of Hope, St Barnabas CH, 5.30pm & 7.00pm Diane 07432 123206
Kitts Green - Evangelical Church, 5.30pm Becki 07864 872816
Shard End - Aylesford Hall, 9.00am & 10.30am Donna 07516 726534
Hay Mills - Hay Mills CC, 9.30am Amy 07904 242379

Wednesday

Castle Brom - Arden Hall, 9.30am Diane 07432 123206
Castle Brom - St Clements Church, 3.00, 4.30 & 6.00pm Nataley 07939 949136
Marston Green - The Parish Hall, 3.30, 5.30 & 7.00pm Jacqui 07814 675180
Water Orton - The Link, 3.00, 5.30 & 7.00pm Paul 07505708121 New Consultant

Thursday

Castle Vale - St Cuthberts Church, 5.30pm, Richard 07733820994
Chelmsley Wood - The Fordbridge Centre (by Asda), 5.30pm, Jacquie 0795713343 New Consultants
Sheldon - St Thomas More, 4.00, 5.30, 7.00pm, Jayne 07453 348184
Smiths Wood - SJB Centre, 5.00 & 6.30pm Nataley 07939 949136

Friday

Chelmsley Wood - The Family Tree, 9.00am Jayne 07453 348184
Sheldon - St Thomas More Church, 9.00am Jacqui 07814 675180

Saturday

Chelmsley Wood - Three Trees Community Centre, 9.00am Michael 07957 510533
Chelmsley Wood - The Family Tree, 8.30 & 10.00am Jayne 07453 348184
Castle Brom - The Baptist Church, 8.00 & 9.30am to Donna 07516726534
Bordesley Green - St Pauls Church, 9.00am Maria 07974 805252
Sheldon - St Thomas More, 7.30 & 9.00am Theresa 07583092260

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Zesty Salmon Pasta

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Ingredients:

- 500g dried fusilli pasta
- Low-calorie cooking spray
- 4 skinless and boneless salmon fillets, cut into bite-size chunks
- 2 peppers (any colours), deseeded and chopped
- 1 garlic clove, crushed
- 300g green beans, trimmed and halved
- 100g fat-free natural fromage frais
- 1 large unwaxed lemon, zested and cut into wedges
- Small bag of watercress, a few sprigs reserved, the rest chopped

Method

1. Cook the pasta according to the pack instructions, then drain and return to the pan, reserving 100ml of the pasta cooking water.
2. Meanwhile, spray a wide non-stick frying pan with low-calorie cooking spray and place over a medium-high heat. Add the salmon chunks and cook for 1-2 minutes or until just cooked, stirring occasionally. Transfer to a plate.
3. Add the peppers, garlic and green beans to the frying pan and cook for 6-8 minutes or until tender and lightly charred, stirring often. Add to the salmon cubes and mix gently.
4. Toss the salmon mixture through the pasta and stir in the fromage frais, lemon zest, chopped watercress and as much of the pasta water as you need to make a good sauce. Season lightly and divide between plates or shallow bowls. Scatter over the reserved watercress sprigs and serve with the lemon wedges for squeezing over.





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Water Orton Women

Water Orton Women met up on Thursday 16th February at Water Orton Cricket Club

It was our usual monthly meeting but we were also celebrating our 20th Anniversary.

Everyone had a fab time, there was music, laughter and friendships, great order of the night and with cake and Prosecco it made the evening even more enjoyable.

Our next meeting is 20th April, and we are supporting Mary Ann Evans Hospice.

For more information please contact

chrisjones604@icloud.com (committee member).

Our amazing bunch of team members from left to right:

Sue Arnold

Hazel Way

Chriss Jones

Janine Smith

Gail Whitehead

Carole Truman

Jackie Sperring





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Coleshill Cemetery Garden of Remembrance

Coleshill Town Council conducts yearly audits of the Garden of Remembrance. The 20-year lease on the following plaques has expired or will expire in 2023. Any plaque with an expired lease will be removed and replaced in due course.

If you wish to extend the lease of your plaque on the Garden of Remembrance, or you wish to check the expiry date of your plaque please contact Coleshill Town Council on 01675 463 326 or email zo@coleshilltowncouncil.gov.uk

Wall	Row	Plaque Number	Plaque Name
BA	4		Betty Mynard
BA	13		Patricia Ann Tipper
BA	15		Maurice Moody
BA	16		Norah Mary Moody
BA	18		Edna (Peggy) Dix
BA	22		Edward Jones
BB	6		John Kenneth Perry
BB	14		Audrey Eileen Ling
BB	16		Roy Harold Seeney
BC	14		Stanley Francis Ling
CB	1		George Frederick Lindsey
CB	2		Nora May Cranmer
CB	3		Mildred Maxwell
CB	10		Jack Wassall
CB	11		J Miller Duckworth
CB	13		Walter John Poole (Jack)
CB	17		Norman Hackett
CB	23		Walter Henry Clarke
CC	10		Bryan Abbott
CC	17		Marjorie Hackett
DA	1		Leonard J Willis
DA	7		George Roland Hill
DA	10		Vera Keeling
DB	2		Joan Spooner
DB	4		Sam Clarke
DB	8		Keith Fowler
DB	19		George Gilbert Watkins



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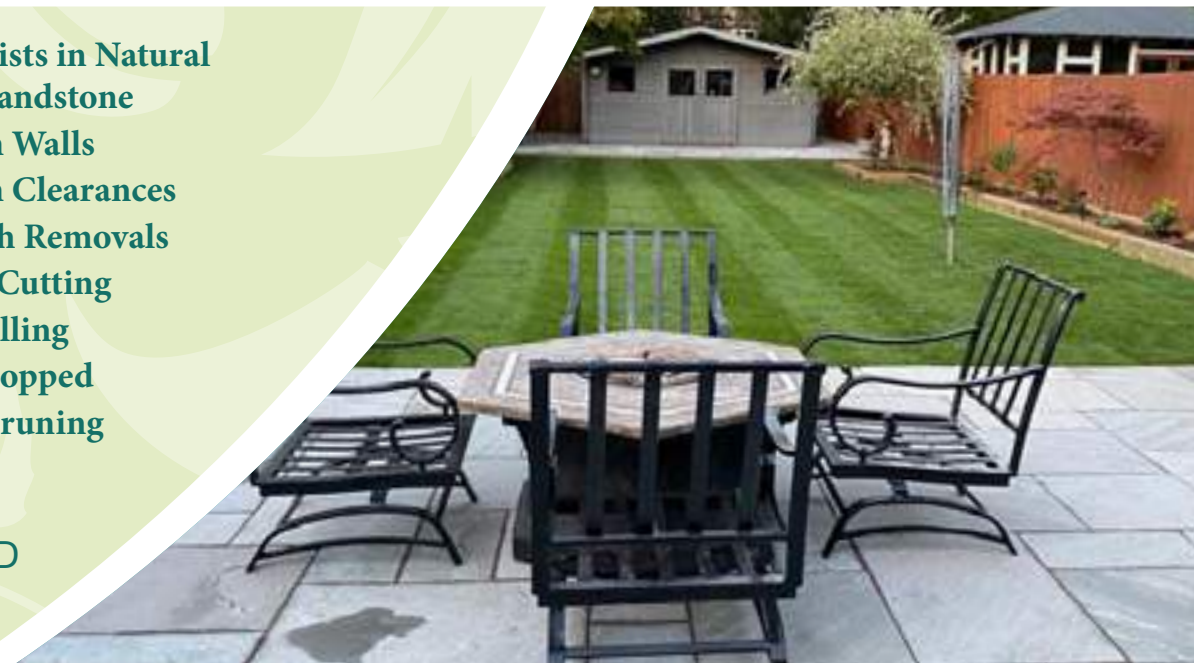
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Diesel

More info at reception

Diesel is a very lovely misunderstood boy, looking for a home to call his own. He is an incredibly sweet boy, with very typical Shepard traits whilst in kennels, such as separation anxiety when left, so would love an owner who can most of his time with. Ideally Diesel will need an active home that can walk with him and provide a good amount of exercise to drain him of pent up energy and frustration. Diesel loves fetch so good way to burn off a bit of his energy and really form a one to one bond with him. Although Diesel cant live with another dog. We do feel that Diesel could possibly walk with other dogs after he gets over his initial vocal behaviour.

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Local Sports



Old Saltleians RFC

SAPCA Awards (Sports And Play Constructors Association)

Old Saltleians new facility has been awarded the highest accolade at the recent SAPCA 2023 awards event.

Delivered at the Hilton Hotel, St Georges Park the FA's National Football Centre, on Monday 13th Feb, this prestigious award was attended by the O'Brien's project management team, Mick Lee from Old Salts and Peter Harvey for RLF.

The award recognises innovation, expertise and sustainability in the construction of sports and play facilities and their supporting technologies.

Richard Shaw, SAPCA CEO, said: "For eight years now, the annual SAPCA Awards have highlighted, to a wider audience, how the association's members create innovative solutions, deliver complex projects and pioneer industry-leading products and services.

"SAPCA represents the best of the industry, so these awards showcase the best of the best – which means that the winners should be very proud of their work.

"This year's cohort of winners is no exception and shows how SAPCA members lead the way when it comes to innovation and excellence within sports and play construction. It was especially heartening to see so much strength around sustainability, which shows how the industry is leading from the front when it comes to tackling the environmental challenges that the world faces."

<https://sapca.org.uk/news/sapca-awards-2023-winners-announced/>

The winners of the SAPCA Awards 2023 have been revealed, with the six winning entries being chosen by a panel of judges from a short list of 10 finalists.

Among this year's winners were a first of its kind recycling facility and an innovative new product set to transform tennis training.

Now in their eighth year, the awards celebrate the achievements of SAPCA members across the sports and play facility construction industry. The awards ceremony was held as part of the SAPCA Conference and Annual Dinner on 13 February at St George's Park.

Colin Corline, SAPCA Project Manager and a member of the awards judging panel, said: "We received more than 30 entries for this year's awards and, as in previous years, the overall quality of entries was very high.

"It was no easy task to pick the six winners, which is testament to the expertise, innovation and knowledge represented within our members."

The winners of the SAPCA Awards 2023 are:

Project (Large): O'Brien Contractors

New sports facility with six natural turf pitches and clubhouse at Old Saltleians RFC.

Project (Small): Notts Sport

Renovation project to provide two non-filled synthetic turf areas at Shooters Hill College, London.

Product: JB Corrie – Clearplay

Clearplay is a new, game-changing practice wall for tennis which can be installed retrospectively within existing tennis court, or as part of new projects.

Sustainability Award: Sportex

Sportex developed and opened the UK's first 100% closed-loop recycling facility for end-of-life synthetic turf sports fields.

Innovation Award: Envirostik – Aqua-fix

The new Aqua-Fix adhesive enables carpet seam bonds to be made even if the presence of water is excessive.

Export Award: Surf Tech

Record sales year for Surf Tech's export arm, including bumper sales in existing markets and new partners worldwide.

Richard Shaw, SAPCA CEO, said: "For eight years now, the annual SAPCA Awards have highlighted, to a wider audience, how the association's members create innovative solutions, deliver complex projects and pioneer industry-leading products and services.

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WATER ORTON CRICKET CLUB

Hello everyone

First let's say a big thank you to our regular supporters at our social presentations. This past autumn and winter your valued support has been fantastic and we really appreciate your regular visits. Below is an update taking us up to the start of the new cricket season.

QUIZ NIGHT SATURDAY 11th MARCH

Teams of 4/5/6 members £2-00 per player

Please come in at 7.30pm to register your team for an 8.00pm start

FOOTBALL NIGHT FRIDAY 24th MARCH

An Aston Villa evening with BRIAN LITTLE accompanied by Special Guest NIGEL SPINK

Admission is by ticket only and they are £10-00 each Doors open 7.30pm

Tickets now on sale at the cricket club bar or from Pete Coles 07812 241046 or from the Water Orton Tennis Club via Paul Messenger 07538 601246

THE ROD STEWART EXPERIENCE SATURDAY 1st APRIL

with the fantastic Garry Pease. A brilliant show from start to finish

Tickets now on sale £ 8-00 each Doors open 7.30pm

Watch out for future events throughout the year with Discos, Tribute Nights, Live Bands and Quiz Nights all to be featured in future editions of the Coleshill and Castle Bromwich Posts.

Thank you everyone, we look forward to seeing you soon.



Coleshill Town F.C.

Coleshill Town FC match results

Monday 23rd January

NPL MIDLAND DIVISION

Coleshill Town 0 v 0 Corby Town

A cracking game under the lights at Pack Meadow! It was end to end stuff but both keepers had Man Of The Match performances and somehow kept clean sheets.

Saturday 4th February

NPL MIDLAND DIVISION

Coleshill Town 3 v 1 Loughborough Dynamo

No goals again for an hour but when Loughborough took the lead Coleshill finally woke up and scored three times in the last 15 minutes. Kai Tonge scored on 75 minutes, Chris Lait three minutes later and George Washbourne scored on 90 minutes.

Tuesday 7th February

NPL MIDLAND DIVISION

St Neots Town 2 v 1 Coleshill Town

A long, long journey midweek against a team in the bottom three, then lose to a last minute goal and it's a long way home. The game was heading towards a very boring 0-0 draw until the Saints scored on 71 minutes. Coleshill dug deep to force their way back into the game and Amarvir Sandhu scored with five minutes remaining only to see the home side score the winner in the dying seconds of the game.

Saturday 11th February

NPL MIDLAND DIVISION

Cambridge City 2 v 3 Coleshill Town

Coleshill were comfortable until the final 15 minutes. Kai Tonge scored from the penalty spot then had another penalty saved on the stroke of half time. Amarvir Sandhu doubled the advantage then Tonge scored from a third penalty to make it 3-0. Cambridge threw the kitchen sink at Coleshill and scored twice then hit the bar with the last kick of the game.

Saturday 18th February

NPL MIDLAND DIVISION

Dereham Town 1 v 4 Coleshill Town

Coleshill were quick out of the blocks and were 2-0 up within 15 minutes both goals coming from Kai Tonge. Dereham pulled a goal back before half time but Coleshill were always on top and increased their advantage with goals from Taylor Byrne and Amarvir Sandhu.

SATURDAY 25TH MARCH 2023 IS NON LEAGUE DAY!



Come and support your local non league club when the Premier League and Championship sides take a break!

Coleshill Town Football Club are offering a special promotion for all new and existing spectators when they attend our home game against Yaxley on Saturday 25th of March.

Normal price for adults is £10 (which can still be paid) but if you pay £15 per adult on the 25th, it will get you into our next home game against Bedworth United on Monday 10th of April for free!

It's a big local Derby game and a great deal for your Easter Monday football fix!

Ask for the promotion price on the gate and we will do the rest!

Pitching in Northern Premier League Midland Division Season 2022/2023 CTFC Fixture List

Saturday 25th February

Home to Hinckley LR.

Saturday 4th March

Home to Chasetown.

Saturday 11th March

Home to Harborough Town.

Saturday 18th March

Away to Daventry Town.

Saturday 25th March

Home to Yaxley. NON LEAGUE DAY!

Saturday 1st April

Away to Halesowen Town.

Saturday 8th April

Away to Spalding.

All Fixtures are League and 3pm kick off unless stated.

COLESHILL TOWN FC EASTER RAFFLE

Drawn Easter Monday at the Home game against Bedworth United.

This fundraiser benefits all aspects of the club, mini soccer, junior teams, and First team. There will be a seller near you! Please support your local football team, only £1 per ticket. And please support local businesses that have sponsored prizes!



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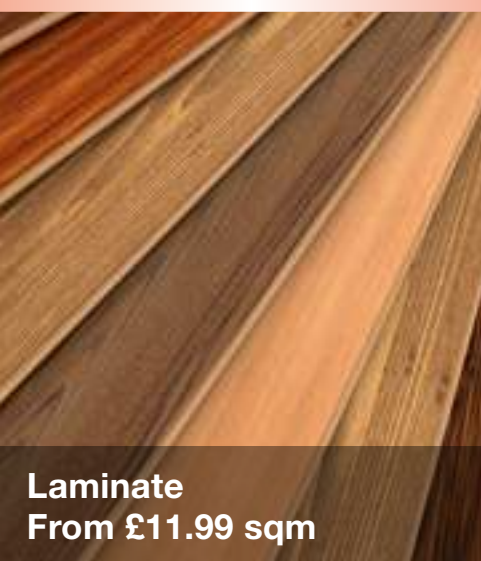
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